



FEDERATION OF
EUROPEAN
PSYCHODRAMA
TRAINING
ORGANISATIONS

20th FEPTO CONFERENCE

Torino, 5th - 7th June, 2026

Sociatry, Individual Roles and Collectivity in Action

Taking Care of Humanity and its Environment

ABSTRACT BOOK



Facoltà Teologica dell'Italia Settentrionale - Via XX Settembre, 83

Torino - Italia



STUDIO DI
PSICODRAMMA
Milano | Torino | Treviso

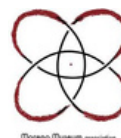


Associazione Italiana
Psicodrammatisti Moreniani



Associazione Mediterranea di Psicodramma

in association with



Moreniana Museum association

PRE-FEPTO CONFERENCE

TORINO 2026 FLASH MOB

NADIA LOTTI

Italy

YVES POSTIC

France



Friday, June 5th
10:00 AM - 12:00 PM

Meeting point: Via XX Settembre, 83 –
Theological Faculty

A journey in stages through the beating heart of esoteric Torino, where the earth's energy meets the history of human connection.

Seven deeply meaningful spiritual stops, seven energy flows, one great circle of connection.

This itinerary is designed to delve deep into the historical and cultural soul of the city through scenic improvisations and spontaneous interactions, celebrating the secret face of Torino and its visitors.

PROGRAM

Friday, June 5th, 2026

13:30 – 15:00	Registration
15:00 – 15:30	Authority Welcome
15:30 – 17:15	Opening and Large Group Warm up Maurizio Gasseau (Italy), Marco Greco (Italy) & Adriana Piterbarg (Argentina)
17:15 -17:45	Coffee Break
17:45 – 19:00	1st Lecture: – Khader Rasras (TRC Director General – The Treatment and Rehabilitation Center for victims of Torture. Chairman of the Scientific and Health Advisory Board by the general assembly in the International Rehabilitation Council for Torture Victims –IRCT) (Palestine) – Psychotherapeutic interventions in hard times – Mohammed Abumughessib (DWB – Doctors Without Borders) (Palestine, connecting from London) – Psychodrama in Collective trauma
19:00 – 20:30	Free time for dinner
20:30 - 22:15	Theatrical Performance: “Un cappello per Moreno” - “A Hat for Moreno” MoMu Teatro (Moreno Museum Theatre)

OPENING AND LARGE GROUP WARM UP



MAURIZIO GASSEAU

Italy

MARCO GRECO

Italy



ADRIANA PITERBARG

Argentina



1ST LECTURE

The Treatment and Rehabilitation Center for victims of Torture

KHADER RASRAS

Palestine



Psychodrama in Collective Trauma

**MOHAMMED
ABUMUGHESSIB**

Palestine



The Treatment and Rehabilitation Center for victims of Torture

Living under prolonged occupation in Palestine has exposed individuals and communities to multiple, consecutive traumatic events over several decades. This cumulative trauma has profoundly influenced people's perceptions of self, identity, future orientation, and the surrounding world. Although younger generations may not have directly experienced earlier wars, manifestations of trans-generational trauma are evident.

Despite ongoing uncertainty, Palestinian society demonstrates notable endurance and resilience, characterized by adaptive coping strategies such as maintaining alternative plans and prioritizing everyday life. This adaptive defiance replaces feelings of helplessness with determination and persistence.

In the light of that, Psychological interventions are essential. Psychodrama, when applied gradually and within a context of established trust, has shown particular effectiveness in this setting. Grounded in contextual and experiential approaches, psychodrama enables participants to respond authentically and emotionally, often reflecting a collective orientation centered on survival. These findings highlight the importance of culturally sensitive, experiential therapeutic interventions in contexts of prolonged and collective trauma.

In conclusion, the situation in Palestine is a moral crisis, not merely a political conflict. The evidence of atrocities is clear; what remains uncertain is whether the world will act. Silence is not neutrality but complicity, and continued inaction makes global powers enablers of suffering. The future of international justice—and our shared humanity—depends on whether we choose to confront injustice or continue to look away.

References

- Hirschberger, G. (2018). Collective trauma and the social construction of meaning. *Frontiers in Psychology, 9*, 1441. <https://doi.org/10.3389/fpsyg.2018.01441>
- Kellermann, P. F. (2013). *Psychodrama therapy: Theory and practice*. Jessica Kingsley Publishers.

1ST LECTURE

The Treatment and Rehabilitation Center for victims of Torture

KHADER RASRAS

Palestine



Psychodrama in Collective Trauma

**MOHAMMED
ABUMUGHESSIB**

Palestine



Psychodrama in Collective Trauma: Reclaiming Voice and Human Connection in Gaza

Abstract

The ongoing war in Gaza has created one of the most severe collective trauma contexts in recent history, where repeated displacement, destruction of healthcare infrastructure, loss of family members, and the absence of safe spaces have deeply affected the psychological wellbeing of the population. Traditional mental health services are increasingly overwhelmed due to the collapse of health systems, limited numbers of mental health professionals, continuous insecurity, and the inability of existing centers to absorb the growing needs of affected Gazans. In such settings, there is an urgent need for community based and culturally adaptable psychosocial interventions that can support collective healing and emotional expression.

The role of psychodrama as an intervention for collective trauma in humanitarian emergencies, particularly within the context of Gaza can provide a therapeutic and experiential approach that allows individuals and groups to express emotions, process traumatic experiences, restore social connections, and reclaim agency through role-play, storytelling, and collective witnessing. In contexts where verbal processing alone may be insufficient, psychodrama creates symbolic and relational spaces that help survivors externalize fear, grief, helplessness, and fragmented identity.

The Gaza context presents unique challenges for psychodrama implementation, including ongoing bombing, airstrikes, repeated displacement, overcrowded shelters, lack of privacy, and limited physical safe spaces. However, these same realities also reinforce the importance of collective methods that do not rely solely on formal clinic-based mental health care. Group-based psychodrama interventions may offer opportunities for emotional containment, rebuilding trust, strengthening social cohesion, and supporting community resilience, particularly among children, women, adolescents, caregivers, and even humanitarian workers.

1ST LECTURE

The Treatment and Rehabilitation Center for Victims of Torture

Psychodrama in Collective Trauma

Workshop Leaders

Khader Rasras is a senior clinical psychologist and specialist in neurodevelopmental disorders with over three decades of experience in mental health and human rights. He holds a BSc in Psychology from Adamson University (Manila, 1990), an MA in Clinical Psychology (CBT) from University College London (1994), and a Diploma in Child Psychology from Université Lumière Lyon II (1998). He also earned an MA in Human Rights from Birzeit University (2003) and a PhD from the American University in 2023. Since 1999, he has been with the Treatment and Rehabilitation Center for Victims of Torture in Palestine, where he currently serves as General Director. His work integrates psychological care with advocacy for justice, particularly in conflict and trauma-affected communities. He published several articles in group therapy and other related fields. He teaches at Birzeit University as a part time assistant Professor of Psychology and Psychophysiology.

Dr. Mohammed Abumughessib was the deputy medical coordinator for MSF's operations in Palestine throughout the war. He has since moved to Ireland, where he continues to work with MSF. He holds degrees in both medicine and mental health and has worked with MSF for nearly 23 years.

UN CAPPELLO PER MORENO

A HAT FOR MORENO



Moreno Museum Association
presents
MoMu Teatro in

UN CAPPELLO PER MORENO

a play by Donatella Lessio

**Moreno's life in Europe,
from his birth to 1925**

PERFORMERS Angela Ala, Laura Caspani, Franco Giura,
Donatella Lessio, Andrea Mastropasqua, Simone Mondino,
Matteo Pisu, Licio Rutigliano, Miladia Scarlat

SCENERISTS Angela Ala, Laura Caspani, Matteo Pisu

MUSICIANS Franco Giura, Andrea Mastropasqua, Licio
Rutigliano

COSTUME DESIGNER Cristina Zago

MAKE-UP ARTIST Federica Navone

DIRECTOR Donatella Lessio

CONSULTANTS Marco Greco, Maria Cristina Sidoni



Moreno Museum association



Since 2022, this show has represented a psychodramatic challenge: to remain consistently original with each new performance by a group of non-professional actors, some of whom are students or graduates of the Studio di Psicodramma (an Italian school and FEPTO member).

Compared to previous versions, the current one is particularly elaborate, with specially designed costumes and live music. It draws inspiration from the famous epitaph placed on Moreno's tomb: *"Here lies he who brought joy and laughter to psychiatry,"* and aims to emphasise the playful aspect of Moreno's philosophy, instilled in young Jacob by his mother Paulina, who often repeated: *"What can you do? Turn around and laugh!"*

For this reason, the group imagined Moreno's adventures staged by a troupe of 'guitti', itinerant actors typical of the European and Italian theatrical tradition, heirs to the Commedia dell'Arte and, further back, to the masks of Latin comic theatre. Their lives were precarious, especially if they failed to secure prestigious "squares" or perform at court. Actresses were often (or were considered) women of easy virtue, to the point that in various countries, and at various times, it was preferred that female roles be played by young men, appropriately made up and trained. This practice was the norm in Elizabethan theatre and remains so in traditional Japanese theatre.

UN CAPPELLO PER MORENO

A HAT FOR MORENO

We have therefore decided to honour our theatrical tradition by offering you an encounter with these “strolling players” and a special character: one of the actors wears a half-male, half-female costume. Is it a man playing a woman, or a woman playing a man? With this costume, we also wish to recall the role-playing of psychodramatic theatre, in which anyone can play any part – man or woman, adult, elderly, or child.

Thus, our “actors” will vividly present Moreno’s story in Europe, each taking on the role of the ‘Wunderdoktor’ by wearing a hat that represents him. The audience will be guided through the interweaving of episodes, encounters, and experiences that led J. L. Moreno to develop the insights that shaped his method and vision. He drew inspiration from every moment of his life, joyful or dramatic, from every encounter and every place he visited.

Under the direction of Donatella Lessio, playwright and psychodramatist, the MOMU Teatro group is encouraged to explore shared insights and aspirations within a formation that is redefined from time to time: members exchange roles, while the text remains unchanged in the original version developed through collective commitment. This avoids the risk of cultural conservatism thanks to the involvement of the group, which determines the adaptations for individual actors and the stylistic key of the performance.

The show is therefore an artistic production, not a documentary. Its sources are the writings of J. L. Moreno and the biography *J. L. Moreno et la troisième révolution psychiatrique* by René Marineau, an honorary member of the Moreno Museum Association.

Language: Italian with tools for an international audience (QR Code)

The **Moreno Museum Association** was founded in Vienna in 2014 with the aim of preserving the memory and promoting the dissemination of the story and teachings of J.L. Moreno and his direct students. The Association is participating in the annual FEPTO 2026 event with this theatrical performance and a photographic exhibition from the Anne Ancelin Schützenberger archive, which has been professionally cataloged by the Association, which holds it in Torino. Anne Ancelin Schützenberger was a direct student of J.L. Moreno and a co-founder of FEPTO.

PROGRAM

Saturday, June 6th, 2026

9:00 – 10:45

Workshops in parallel:

- Shereen Abdeen (Palestine), Hunaida Iseed (Palestine), Murad Butmeh (Palestine) – **Between the News and the Human; Using Sociodrama and Psychodrama Techniques to Explore Emotional Responses to Distant Suffering**
- Yves Postic (France), Judy Swallow (USA) – **Stories of our ancestors with Playback Theatre**
- Eero Julkunen (Finland) – **The Art of Living as a Pessimist: is there Hope in the World without Hope?**
- Judith Teszary (Hungary/Sweden) – **How to keep the mental Health during Wartime?**
- Gabriella Nicotra (Italy) – **Groups with parents as a clinical/educational intervention aimed at adolescents**
- Vladimir Milosevic (Serbia/Slovenia) – **Psychodrama Group as a Creative Context in a Process of Change in Work with a Group of Prisoners**
- Gabor Pinter (Hungary) – **Monodrama Psychotherapy with the Involvement of an Assistant, Based on the new Theory of Method – Specific Healing Factors**
- Deniz Altinay (Turkey), Esra Bilik (Turkey) – **Identifying the Group's Collective Representation in Sociodrama as a Sociatric Intervention**

10:45 – 11:15

Coffee Break

BETWEEN THE NEWS AND THE HUMAN

Using Sociodrama and Psychodrama Techniques to Explore Emotional Responses to Distant Suffering



**SHEREEN
ABDEEN**
Palestine

**HUNAIDA
ISEED**

Palestine



INTRODUCTION, PRESENTATION: WITNESSING THE HUMAN GAP

We are living in a time where human-beings are suffering in front of the news heard and seen. On the other hand, it is becoming difficult to truly feel it. Many people find themselves moving between moments of emotional engagement and moments of distance, disconnection or even freeze.



**MURAD
BUTMEH**
Palestine

In this workshop, we explore this space between “the news” and “the human.” Emotional numbing is not a careless response, but it is a natural and understandable response because the exposure became overwhelming.

The workshop invites participants to reflect on their own experiences of witnessing the suffering from near or from a distance, and how this affects their responses.

BETWEEN THE NEWS AND THE HUMAN

Using Sociodrama and Psychodrama Techniques to Explore Emotional Responses to Distant Suffering

Shereen Abdeen is a Mental Health Practitioner , Trainer, and Supervisor specializing in trauma-informed care and group interventions in high-stress and conflict-affected environments. With over 18 years of experience, she works with individuals, couples, families, and groups, integrating clinical depth with experiential approaches. Her work combines psychodrama and sociodrama with Schema Therapy, Emotionally Focused Therapy (EFT), Cognitive Behavioral Therapy (CBT), and Logotherapy. She is a certified trainer in Cognitive Behavioral Therapy (CBT) for mental health professionals and has completed specialized training under the Istanbul Protocol in the medical documentation and assessment of torture survivors through the International Rehabilitation Council for Torture Victims (IRCT). Shereen also served as a lecturer for Master's students in Mental Health at Al-Quds University. She has extensive experience facilitating group interventions with mothers, professionals, and healthcare workers, including providing mental health support to doctors and nurses during the COVID-19 pandemic, as well as supervising staff at the Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ). Since 2014, she has led the integration of mental health programs into schools in Jerusalem, training educators and supporting school-based interventions. Shereen is actively engaged in community-based mental health programs in Jerusalem and is recognized for her impactful work with communities, families, and professionals.

Hunaida Iseed is a Mental Health and Psychosocial Support (MHPSS) specialist. with over 20 years of experience in Palestine. She holds a Master's degree in Psychological and educational Counseling. Ahe is an MHPSS Officer with Médecins du Monde – Switzerland (MDM-CH), where she leads psychosocial programs and supervises teams serving marginalized communities. She is a psychodramatist and a certified trainer in mhGAP-HIG, Cognitive Behavioral Therapy (CBT), and Prevention of Sexual Exploitation and Abuse (PSEA), with extensive experience in therapy and capacity building in humanitarian contexts. Since 2018, she has been a part-time lecturer at Dar Al-Kalima University, teaching behavioral psychology and psychosocial sciences. She is also the Chairperson of the Cognitive Behavioral Therapy Association in Palestine and co-founder of the “Bekafe” Movement Against Domestic Violence. Hunaida is deeply committed to strengthening psychosocial resilience and advancing culturally grounded mental health interventions.

Murad Butma is a psychologist with over 20 years of experience in psychological and educational counseling. He holds a Master's degree in Psychological and Educational Counseling from Al-Quds University and a Bachelor's degree in Primary Education and Psychology from Hebron University. He has also completed diplomas in drug abuse prevention and professional supervision, along with specialized training in psychodrama. He currently works with children and adults, providing psychological, family, and parenting support at a private mental health center in Bethlehem and with Médecins du Monde – Switzerland, in addition to offering professional supervision. Murad has contributed to research on complex trauma among children in southern Palestine exposed to ongoing and systematic violence, as well as studies on school violence from teachers' perspectives. He has also co-developed practical guides for school counselors and therapeutic self-learning, in collaboration with the University of Glasgow. His work focuses on deepening the understanding of human experiences and creating safe spaces for expression and healing. He integrates scientific knowledge with practice, using approaches such as psychodrama, while emphasizing the therapeutic relationship as a core driver of change.

STORIES OF OUR ANCESTORS WITH PLAYBACK THEATRE

YVES POSTIC

France



JUDY SWALLOW

USA

Participants will explore and craft their own genogram (no preparation required) and then have an opportunity to bring to life a story of an ancestor, using a Playback Theatre short form.

**THIS IS AN OCCASION TO REVIEW YOUR ANCESTORS' DIAGRAM AND PRACTICE
PLAYBACK THEATRE, WORKING CREATIVELY IN SMALL GROUPS.**

Playback Theatre is an interactive theatre which strengthens expression, participation, communication, and group cohesion. It gives participants a voice through real-life stories that actors and musician improvise instantly, transposing them into performance.

Workshop Leaders

Judy Swallow, MA, LCAT, TEP, lives in the USA and has been a co-director of the Hudson Valley Psychodrama Institute for more than 40 years. She was a founding member of the original Playback Theatre in 1975 with Jonathan Fox and Jo Salas. She has been a co-director of Community Playback Theatre since 1985. She enjoys sharing her passions for these wonderful methods with others.

Yves Postic is a French certified psychodramatist. A member of the first French playback company in 1988, he graduated from the Center for Playback Theater (USA) in 2004. He is a playback practitioner and trainer. He also works as a singer, composer, and pianist. This year, he started to lead an Action methods training course at IFREAP, France.

THE ART OF LIVING AS A PESSIMIST

Is there Hope in the World without Hope?



EERO JULKUNEN

Finland

Objectives

Using the tools of sociodrama - and potentially sociopsychodrama - we will explore the possibility of sustaining a meaningful, "good" life in a world that offers little—if any—room for optimism. What guidance can we draw from both the real and the surreal? Can this heavy topic be approached with a sense of lightness as well?

Background

We are all familiar with the list: global warming, ecological collapse, mass migration, biodiversity loss, and the escalation of war with increasingly destructive weaponry. We see the rise of nationalism and totalitarianism amplified by AI, alongside an economic model predicated on ever-increasing consumption. What kind of world will our great-grandchildren be forced to face?

Many people share a profound sense of hopelessness in the face of these existential threats. This has been described as a form of collective trauma—a systemic crisis without an apparent solution. How can we relate to this shadow without falling into apathy? If we deny it, we risk becoming disconnected and dissociated, as though the trauma does not exist.

Yet, the yearning for a meaningful life remains universal. How can we fulfill this desire in such a challenging world? How do we reconcile the concept of "the good life" with a sense of hopelessness? Is there a path through this despair - and if so, what does it look like? How distant is the utopia of world peace?

CAN WE TRULY SURVIVE?

THE ART OF LIVING AS A PESSIMIST

Is there Hope in the World without Hope?

Workshop Leader: Eero Julkunen

Background

- Education: MA, University of Helsinki, Finland
- Certification: Psychodrama Director (Finnish Psychodrama Association)

About Me

Following a diverse career in academia and cultural work, I spent the majority of my professional life serving as a Principal of Adult Education Centres.

Throughout my career and into retirement, I have remained dedicated to facilitating psychodrama groups and workshops. I am a former Chair of the Finnish Psychodrama Association and continue to serve as an active member of its Board.

With a background rooted in anthropology, folklore, religion, and education, I view human life and experience through a cultural lens.

HOW TO KEEP THE MENTAL HEALTH DURING WARTIME?



JUDITH TESZARY

Hungary/
Sweden

The survival mood fight-or-flight-freeze is a life-saving biological reaction in a life-threatening situation. But if we stay in that state for a long time, hyper and hypo arousal, being hyperactive/alarmed or shut down, paralysed, can bring us into danger.

To regain our mental balance, be clear in our minds, and make the right choices, we need to regulate our nervous systems, be in the present with all our senses, be connected to others, and co-regulate each other's nervous systems.

Under continuous stress, cortisol levels rise, and the immune system, which protects our health, can be disrupted.

Humans have a robust inner capacity to recover, and in difficult situations, even **creativity and spontaneity can operate as protective factors**. We can access unimaginable inner power and operate within the optimal window of tolerance.

The workshop will explore the phenomenon on the group level, bringing forward the resources

In this workshop, we will

- experience the different mental and biological states of the crisis reactions
- learn through psychosociodramatic methods, find the resources using the Salutogenetic perspective
- learn how to assist people in crises and in vulnerable situations
- learn about Continuous Traumatic Stress Disorder

HOW TO KEEP THE MENTAL HEALTH DURING WARTIME?

Workshop Leader:

Judith Teszáry is a certified psychodrama and sociodrama trainer, supervisor, examiner, international lecturer, and private practitioner. She is trained in Psychodrama and Sociodrama by Zerka Moreno at the Moreno Institute in Beacon, New York. Stockholm University: psychology, sociology, and pedagogic studies. Stockholm University: Psychotherapy certificate.

Studied geno-sociogram and transgenerational psychotherapy with Anne A. Schützenberger, professor emeritus at the University of Nice.

Psychopathology and Psychodrama, Ella Mae Charon, Moreno Institute, Köln.

Family therapy training, intern training, Nacka district, Paul Watzlawick, Virginia Satir, mm.

Working experience

She has been working as a family therapist for eight years in the Nacka district of Stockholm.

and as a treatment supervisor at Stockholm County Council's Emergency and Investigation Institute for Children and Parents (Hässelby Gård akut- och utredningshem) for 5 years.

She worked as a psychologist in the Stockholm City Child Care department for 17 years, assessing foster families and presumptive adoption couples, educating social workers in attachment theory, genosociogram, and related topics, and supervising staff.

She has run Conflict transformation courses for healthcare personnel (Stockholm City Council) and trustees in the Swedish Industry Union for ten years.

She has been working with psychosomatic patients in a research and treatment project at the Swedish National Institute for Psychosocial Factors and Health, Department of Stress Research, Karolinska Institute in Stockholm.

She has also worked on a three-year project with impoverished Roma women in Hungary.

Founding member of FEPTO (Federation of European Psychodrama Training Organisations) served as the federation's president for six years. She represented FEPTO in EAP's EWAO working group for several years. She is a member of the FEPTO Task Force for Peacebuilding and Conflict Transformation group, which utilises sociodrama, psychodrama, and other methods applicable in conflict areas. (For example, after the Maidan Revolution in Kyiv)

She has been awarded FEPTO Lifetime Achievement and a Lifetime Achievement from the Hungarian Psychodrama Association, where she has been a leading trainer since 1988.

She has coordinated the international team in an Erasmus+ project in Sociodrama. She is the chair of the Swedish Association of Psychodramatists. She has been the editor of PsykodramaNytt for twenty-six years.

She is the chair of the IAGP's Ethics Committee. International Association of Group Psychotherapy and Group Processes.

Since the full-scale invasion of Ukraine, she has been leading support groups for Ukrainian psychotherapists and is currently running psychodrama and sociodrama training in Egypt, India, and Hungary.

GROUPS WITH PARENTS AS A CLINICAL/EDUCATIONAL INTERVENTION AIMED AT ADOLESCENTS



GABRIELLA NICOTRA

Italy

AIM of the workshop is to provide participants with a group experience in which they can explore their experiences of adolescence and their relationships with individual adolescents or groups, both professionally and privately.

In today's society, where media dominates over direct relationships and appearances are a reflection of stereotypical self-images, adolescents tend to live in the moment and often lack real interaction with the outside world.

When an adolescent agrees to undergo therapy, it's not easy to chip away at the armor they've built up as self-defense, their rigid patterns, and their false-self. It's therefore important to establish parallel discussion groups with parents and significant adults in the adolescent's life.

Even more so when psychotherapy is initiated with groups of adolescents, the adults caring for them: parents, educators, therapists, and various professionals, we need they communicate each-other, as social community, working coherently and cohesively, despite the multiplicity of theoretical and institutional affiliations.

This creates new needs and new spaces for psychotherapy and interventions with young-people, which seek to re-weave those missing relational and social threads and reconnect the paths of individual and group histories.

GROUPS WITH PARENTS AS A CLINICAL/EDUCATIONAL INTERVENTION AIMED AT ADOLESCENTS

Workshop Leader: Gabriella Nicotra

Psicologa, gruppo-analista, terapeuta-familiare, psicodrammatista, formatore. Esperta in Psicoterapia dell'infanzia, dell'adolescenza e Progettazione di gruppi psicoterapeutici e di integrazione sociale. Oltre 40 anni di esperienza in progetti di ricerca sul territorio.

Utilizza gruppo-analisi, psicodramma e socio-dramma in gruppi-creativi, terapeutici, di formazione, nei training e nei gruppi di supervisione. È membro del Centro Clinico di Psicoterapia del Laboratorio di Gruppoanalisi in Catania.

Ha fatto parte del Gruppo di ricerca per l'età evolutiva(Coirag). Membro del del Gruppo di Ricerca e della Task force for peace and conflict Resolution (Federazione Europea FePTO e International IAGP), membro del Comitato Scientifico per la Formazione e docente ECM; Trainer e Coordinatore degli Psicologi in ANDAF Onlus (Associazione /Assistenza Neoplastici a Domicilio- Sicily). È Direttore della Sezione Siciliana A.M.P. e Co-Presidente Nazionale dell'A.M.P. (Associazione Mediterranea di Psicodramma); è nel Comitato Siciliano della FAVO (Federazione delle Associazioni di Volontariato Oncologico). Membro in AIMMF ("Associazione Italiana Magistrati per i Minori e per la Famiglia"). Membro della SICP (Società Italiana di Cure Palliative).

Già Psicologo Dirigente presso il Servizio di Neuropsichiatria Infantile e Presso il Servizio di Educazione alla Salute Del Servizio Sanitario Nazionale, Catania. Già giudice Onorario Presso il Tribunale per i minorenni di Catania (Sicilia).

PSYCHODRAMA GROUP AS A CREATIVE CONTEXT IN A PROCESS OF CHANGE IN WORK WITH A GROUP OF PRISONERS



VLADIMIR MILOŠEVIĆ

Serbia/Slovenia

In the workshop will be presented two years long psychodrama group program for the inmates in a central Slovenian prison. The aim of this program was for inmates to get to know themselves better and to think about their future. Most of the convicts who sign up are those with the most severe crimes and lengthy prison sentences. In the psychodrama group were robbers, sexual deviants, drug dealers, and murderers.

During the process of psychodrama work the group created specific culture which allowed to members to openly explore own deeds and motivations, discover unknown dimensions of themselves and creatively develop new adequate approach to own everyday life. Since the whole process was filmed, the workshop will be illustrated with sequences from documentary film **»When I get out«**.

About the film:

A psychiatrist and psychotherapist (Vladimir Milošević) arrives at the central Slovenian prison Dob. He presents a psychodrama workshop program for the inmates to get to know themselves better and to think about their future. Most of the convicts who sign up are those with the most severe crimes and lengthy prison sentences. A psychotherapist introduces the process to the applicants: through drama, they will discover unknown dimensions of themselves and enter into unpredictable relationships with other convicts. The selected convicts have very different criminal backgrounds and, in many ways, different or even opposite characters. They come from various departments, and most do not know each other. In the psychodrama process, they meet robbers, sexual deviants, drug dealers, and murderers. Each of them has a morally deformed profile. Some are remorseful and sincere in wanting to change themselves and start a different life after their sentence. In contrast, others are still shriveled up, talking about betrayal, the injustice of the trial, and their innocence.

PSYCHODRAMA GROUP AS A CREATIVE CONTEXT IN A PROCESS OF CHANGE IN WORK WITH A GROUP OF PRISONERS

Workshop Leader:

Vladimir Milosevic, psychiatrist and psychodrama psychotherapist, trainer and supervisor, head of a Psychiatric day hospital in Postojna (Slovenia) and psychodrama education in Slovenia.

Workshop leader of regular psychodrama training in Croatia and Serbia as well as in International Spring Accademy of psychodrama since 2010 and a Little Psychodrama Festival since 2017 (co-founder of both organizations). Invited workshop leader in a number of countries like Belgium, England, Austria, Macedonia, Italy, Israel, Malta, Bosnia and Hercegovina... Co-founder of Cross Cultural Training days 2002-2010 and workshop leader and lecturer in a number of international congresses (IAGP, FEPTO, WADP, EAP, WCP in London, Jerusalem, Istanbul, Rome, Rovinj, Wiena, Cambridge, Oxford, Guadalajara, Budapest, Dublin... Member of EAP, FEPTO, IAGP).

Author of books »How does Psychodrama Works« (2019) and »Depression and Creativity«(2025) and a number of professional psychotherapy papers.

Consttant on films »Men don't Cry« (2017), »Projections«(2013), »On the Other Side«(2016), , »The Lost Son«(2025), »20 Meters«(2026) and »When I Get Out«(2025)(documentary).

MONODRAMA PSYCHOTHERAPY WITH THE INVOLVEMENT OF AN ASSISTANT, BASED ON THE NEW THEORY OF METHOD SPECIFIC HEALING FACTORS



GABOR PINTER

Hungary

The diverse world of psychodrama mobilizes a wide range of therapeutic and developmental factors and relies on multiple forms of impact. In one drama, catharsis may be the most important element; in another, behavioral rehearsal; in a third, action insight. Knowledge of these factors, their conscious management, and appropriate regulation are key prerequisites for safe application and quality assurance. This enables practitioners to plan strategically and optimize therapeutic effects.

The author briefly presents and illustrates with concrete practical examples his own research-based theory, in which 56 monodrama-specific therapeutic factors have been identified. These factors contribute to understanding and realizing genuine monodramatic therapeutic effects, including the consideration of disorder-specific aspects.

During the workshop, several action methods will be demonstrated through experiential work. Participants will experience how these approaches can be applied in individual psychotherapy, optimally with the involvement of a psychodrama assistant. Opportunities will be provided to try out and practice monodramatic work in a triadic setting, with the active involvement of all willing participants. A new approach to teaching monodrama, based on therapeutic factors, will also be presented.

The workshop offers an exciting adventure and new paths for psychodrama professionals, trainers, trainees, as well as therapists from other orientations. Those who simply wish to gain insight into this creative and interesting world, are also warmly welcome.

MONODRAMA PSYCHOTHERAPY WITH THE INVOLVEMENT OF AN ASSISTANT, BASED ON THE NEW THEORY OF METHOD SPECIFIC HEALING FACTORS

Workshop Leader:

Gabor Pinter: Education & Certifications:

PhD in Clinical Psychology & CSc in Psychotherapy, M.A. in Psychology & M.Sc. in Electrical Engineering (Informatics). Licensed Clinical Psychologist & Licensed in, Person- Centered Psychotherapy (since 1986). Psychodrama Assistant (Moreno Institut Überlingen, Germany, 1989). Psychotherapist, Trainer, Supervisor in Psychodrama (MPE, Hungary), in Child Psychodrama and Monodrama.

Academic & Clinical Appointments:

Executive Director & Head Trainer of Moreno Centrum (own firm, representing J.L and Z. Morenos work), Professor | Eötvös Loránd University (ELTE), Dept. of Counselling Psychology (1994–Present), Professor, Scientific Advisor, Dept. Head, Chief Rectorial Advisor | Semmelweis University (1993–2022). Visiting Professor in Psychotherapy and Clinical Psychology, lecturer at multiple universities. Psychotherapist | Semmelweis University Psychiatry Clinic, Psychotherapy Outpatient Unit (1986–1992), Clinical Psychology Unit (ca. 2001)

International Leadership & Boards:

FEPTO (Federation of European Psychodrama Training Organisations): Co-initiator, co-organiser, Individual Founding Member, ex Board and Commisiion Member, and Hungarian Representative for 30 years. Hungarian Association for Person-Centered Psychotherapy: organiser, Founding President (1987–), current Honorary President and Training committe Head. Hungarian Psychodrama Association (MPE): founding member, Past President (1992–1995), Training Committee Head (2013–2019), now : Member of it. IAGP & European PCE Alliances: Former Hungarian representative and co-initiator of European network collaborations.

Key Innovations & Publications:

Methodological Innovations: Co-created Mythosociodrama (with Jörg Burmeister, 1997) and the Role Molecule Model. Invented a model for measuring the effectiveness of Psychotherapy. Developed (with others) a new Monodrama training program and the „Therapeutic Factor”s theory and teaching model. Delivered international psychodrama, monodrama, and sociodrama teaching and workshops (e.g., Athens, Istanbul, Turin, Pergamon, Überlingen, Granada). Author of hundreds of scientific publications, textbooks, and book chapters.

Married, father of 5 children.

IDENTIFYING THE GROUP'S COLLECTIVE REPRESENTATION IN SOCIODRAMA AS A SOCIATRIC INTERVENTION

DENIZ ALTINAY

Turkey



ESRA BILIK

Turkey

Across the globe, people are exposed to countless **social and collective traumas**. Natural disasters, political turmoil and anti-democratic practices, economic crises, regional conflicts and wars, as well as human rights violations, are increasingly impacting societies, leaving profound psychological effects on individuals and communities. These effects deteriorate both individual and collective mental health.

Moreover, transgenerationally transmitted social traumas continue to influence the unconscious layers of both individuals and societies.

J. L. Moreno's system of Sociatry, along with one of its core methods—**sociodrama**—offers a powerful and effective approach to addressing societal trauma. In parallel, **psychodrama group psychotherapy** emphasizes healing trauma by addressing the individual within the context of the group. All of these social and collective traumas affect our **somatic, psychic, social, and transcendent roles**, altering the structure of our **role atoms** and giving rise to **role pathologies**.

As soon as the **individuals are treated as collective representations of community roles** and role relations and not as to their private roles and role relations, the psychodrama turns into a 'socio-psychodrama' or short sociodrama" (J.L. Moreno). In this workshop, we will examine the impact of trauma on our roles through a sociometric lens, focusing on the group's collective representative, and explore how these dynamics influence our cultural atoms.

IDENTIFYING THE GROUP'S COLLECTIVE REPRESENTATION IN SOCIODRAMA AS A SOCIATRIC INTERVENTION

Workshop Leaders:

Deniz Altınay, M.A., is a Psychological Counselor, psychodramatist, trainer, and author. He is the President of the Istanbul Psychodrama Institute and a lecturer at Bahçeşehir University in Istanbul. He also serves as the President of the Turkish Union of Psychodrama Institutes.

Internationally, he is a Board Member of the International Association for Group Psychotherapy and Group Processes (IAGP), Chair of the IAGP Psychodrama Section, and Former Co-Chair of the IAGP Committee on Social and Collective Trauma. He is also an individual and institutional member of FEPTO (Federation of European Psychodrama Training Organisations) and EAP (European Association for Psychotherapy). Altınay co-founded both the Ankara Group Psychotherapy Institute (1994), the Istanbul Psychodrama Institute (1997), the Turkish Union of Psychodrama Institutes (2010) where he continues to lead professional training programs in psychodrama, child psychodrama, corporate training, and psychodrama & theatre.

He is the author of several books, including:

- Psychodrama: 450 Warming-Up Games
- Handbook of Psychodrama Group Psychotherapy
- Spontaneity Theatre
- Child Psychodrama
- Moment

He also founded the Istanbul Playback Theatre and developed a new action-based couple therapy approach called "Tangodrama." As an editor and contributing author, he has worked on two major collective publications: Selected Issues in Psychodrama and Contemporary Applications of Psychodrama. He is the founder and editor-in-chief of the International Group Psychotherapies and Psychodrama E-Journal, contributing to the global exchange of theory and practice in the field.

Esra BİLİK, MSc. Psychologist (Clinical Neuroscience) / Psychodrama Trainer. Coordinator of Child Psychodrama Department. İstanbul Psychodrama Institute, Türkiye. Holds a Bachelor's degree in Psychology and a Master's degree in Clinical Neurosciences. Completed the Psychodrama Group Psychotherapy and Trainer Training programs at the Istanbul Psychodrama Institute, earning the title of "Psychodrama Group Therapist and Trainer." Throughout their professional career, they have worked with both children and adults in various centers, taking on roles as a project coordinator and psychologist in different projects. Between 2010-2011, they worked as a neuropsychologist at Istanbul Kültür University. For approximately 15 years, they have been working at the Istanbul Psychodrama Institute, where they lead training and experiential groups, provide supervision, and conduct individual sessions with adults. They are the coordinator of the IPI Child Psychodrama Unit and are responsible for conducting and supervising child psychodrama work. They are the author of the book "Zaman Kapıdan Geçerken" ("As Time Passes Through the Door"). In addition, they have contributed chapters to the books "Child Psychodrama," "Contemporary Approaches in Psychodrama," and "Selected Topics in Psychodrama," and have published articles in international peer-reviewed journals. They are a member of the Turkish Psychological Association and the International Association for Group Psychotherapy and Group Processes (IAGP).

PROGRAM

Saturday, June 6th, 2026

11:15 – 13:00

Workshops in parallel:

- Marcia Karp (UK) – **“OUCH, MY FAMILY” – Ancestor Syndrome & Genosociogram in Action**
- Agnes Dudler (Germany) – **Cohesion and peace – so simple and yet so difficult**
- Reijo Kauppila (Finland) – **Using playing to foster attachment – Evidence Based Trauma Stabilisation (EBTS) for families**
- Leandra Perrotta (Italy/Norway) – **Embodied Creativity for a Fragmented World: Psychodrama and Dance Therapy in Sociatric Action**
- Endel Hango (Estonia) – **Nudging Collective Intelligence: Individual Roles in Sociatric Action**
- Vanda Druetta (Italy) – **Analytic Sociodrama and Trauma: Images and Affects as Factors of Self-Care from a Jungian Perspective**
- Pavel Kornienko (Russia) – **Development of humanity in psychodramatic work with interpersonal relationship**
- Hande Karakılıç Üçer (Turkey), Candan Kaplan (Turkey) – **The Archetype of Care: What Makes a Healer in Times of Global Challenge?**

13:00 - 14:45

Free time for Lunch

“OUCH, MY FAMILY”

Ancestor Syndrome & Genosociogram in Action



MARCIA KARP

UK

Participants create a transgenerational family tree with myths and secrets. There is enactment of **Hidden Family Loyalties** and **Anniversary Syndromes**. All are welcome.

Workshop Leader:

Marcia Karp, MA, UKCP, TEP, Distinguished Fellow IAGP

is a psychodrama group psychotherapist, individual psychotherapist, International Supervisor, Consultant, Trainer and author. Marcia is Co- Founder and Honorary Member of the Federation of European Psychodrama Training Organisations, Co-Founder and President Emeritus of the British Psychodrama Association

Achievement:

FEPTO Trauma, Disaster and Reconciliation, Transcultural Intervision and a 4 year weekly Ukrainian Mental Health Professional Support Group.

J.L. Moreno and William Moreno
Lifetime Achievement Awards

British Psychodrama Association
Co-Director Holwell International Centre for Psychodrama and Sociodrama U.K.

Co-Editor 3 books translated into 7 languages.

“The Handbook of Psychodrama”

“Psychodrama Since Moreno”

“Psychodrama: Inspiration and Technique”

Routledge publisher London/New York

COHESION AND PEACE SO SIMPLE AND YET SO DIFFICULT



AGNES DUDLER

Germany

What can I do myself, what can we contribute with psycho- and sociodrama to a good relationship with ourselves and the environment?

Even the greatest love in the world begins with love for oneself

(Meister Eckhart, German mystic)

Peace requires just as much effort as war

(Martin Luther King)

Wisdom and love are the essence of all life

(Lama Rigdzin Shikpo)

In this workshop, I combine my experiences from Buddhist paths with psychodramatic ones. Both philosophies are life-affirming and seek to unite opposites, moving from against-each-other to cooperation, as creatively as possible. We search together for answers in a playful and experience-oriented manner.

Workshop Leader:

Agnes Dudler is psychologist and psychotherapist in a private practice in Bonn since 1982. She is founder and was 20 years director of the "Institut für Psychodrama Szenen" and trainer of psychodramatists for 35 years. She works as counsellor and psychotherapist with individuals, couples and groups, as supervisor and coach. She does sociodrama with large groups, training in awareness and self care and develops meditation with psychodrama. She has long been involved in emancipation, peace, and environmental movements, has led a project investigating "Families and National Socialism" with sociodrama and trained colleagues in Gaza for five years. She published articles about psychodrama with individuals, about the „Role atom“, collective trauma, training in Gaza, supervision, psychodramatic constellation work and sociodrama with large groups.

USING PLAYING TO FOSTER ATTACHMENT EVIDENCE BASED TRAUMA STABILISATION (EBTS) FOR FAMILIES



REIJO KAUPPILA
Finland

The Evidence-Based Trauma Stabilisation (EBTS) for Families workshop presents a structured, psychodrama-based approach to supporting families affected by trauma. Supporting the principle idea of sociatry—the healing of society through its core systems—EBTS focuses on strengthening attachment within the parent-child relationship.

EBTS combines trauma-focused psychoeducation with playful, action-oriented techniques that uses the natural language of children— playing. In this workshop, you will experience EBTS key practices, gain insight into its theoretical foundations on psychodrama, sociometry, playing and trauma theory, and explore how EBTS strengthens resilience. Created to meet the needs of traumatised asylum-seeking families and now implemented in developed form across Europe and the Mediterranean, EBTS offers a timely model for stabilising families in collectively traumatised societies.

Workshop Leader: Reijo Kauppila

Master of Adult education, Psychodrama trainer TEP (Nordic-Baltic Board of Examiners), Supervisor and supervisor trainer, certified business coach.

Reijo is a specialist of experiential learning and development of adults individually, in groups and in communities. His main interests are the development and research of learning based on psychodrama, sociodrama and sociometry, and how these can support transformational learning of adults. He is co-creator together with Milena Mutafchieva and Stefan Flegelskamp of Evidence Based Trauma Stabilisation (EBTS)-programme for families with traumatic experiences. They have trained more than 100 specialists to become EBTS-Leaders in Europe, Türkiye and Syria, to implement the EBTS-Programme in areas of crisis.

EMBODIED CREATIVITY FOR A FRAGMENTED WORLD: Psychodrama and Dance Therapy in Sociatric Action



LEANDRA PERROTTA
Italy/Norway

In a time marked by social fragmentation, ecological crisis, and growing disconnection, the need for embodied and relational forms of collective healing becomes increasingly urgent. This experiential workshop integrates psychodrama and dance therapy within a sociatric framework, positioning movement and dramatic action as complementary sociatric amplifiers that heighten awareness of relational fields and collective dynamics.

Sociatry works at the level of the social field, bringing implicit patterns of connection, exclusion, and responsibility into shared awareness so they can be transformed into more coherent and caring relationships. Movement based warm ups, shared rhythms, and spatial exploration foster deep connection through embodied attunement, co regulation, and nonverbal empathy, allowing participants to experience belonging and mutual responsiveness beyond words. Psychodramatic action provides a structured space in which these embodied experiences are symbolized, enacted, and integrated through roles and encounters.

Together, psychodrama and dance therapy support the evolution of roles from self awareness to co-responsibility, highlighting creativity and spontaneity as essential resources for collective care. The workshop invites participants to experience the body as a bridge between self and society, and creativity as an ethical response to social and ecological challenges, contributing to the healing of human relationships and the wider living system.

EMBODIED CREATIVITY FOR A FRAGMENTED WORLD: Psychodrama and Dance Therapy in Sociatric Action

Workshop Leader:

Leandra Perrotta is a clinical psychologist and specialist in psychotherapy, with international expertise in transgenerational trauma, dreamwork, sexuality, and somatic approaches.

Leandra is a former president of FEPTO and co-founder of the Anne Ancelin Schützenberger International School of Psychogenealogy and Transgenerational Therapy, she integrates psychodrama, dance movement therapy, depth psychology, and EMDR into her therapeutic practice.

Leandra writes and teaches widely on psychogenealogy, with a focus on ritual, embodiment, and the symbolic language of the soul.

NUDGING COLLECTIVE INTELLIGENCE: Individual Roles in Sociatric Action



ENDEL HANGO

Estonia

In a time when humanity faces complex social, ecological, and organizational challenges, the capacity for **collective intelligence** becomes increasingly crucial. Yet collective intelligence does not emerge automatically; it is shaped and continually influenced by the **roles individuals take within groups and communities**.

This experiential psychodrama workshop explores how individuals can consciously **nudge the development of collective intelligence** through their role choices, relational awareness, and sociometric sensitivity. Drawing from **J. L. Moreno's sociometry and sociatry**, as well as contemporary research on collective intelligence and socio-emotional maturity, the workshop invites participants to examine how micro-actions at the individual level influence group dynamics, collaboration quality, and the emergence of shared wisdom.

Participants will engage in action methods including sociometric mapping, role exploration, and short psychodramatic enactments to investigate questions such as:

- How do individual roles support or inhibit collective intelligence?
- What responsibility does each participant carry in shaping group culture?
- How can subtle interventions—role modeling, emotional attunement, perspective taking—nudge groups toward more intelligent collective functioning?

The workshop emphasizes the interplay between **individual agency and collective processes**, highlighting practical ways professionals can foster healthier, more responsive groups in therapy, organizations, and communities.

Participants will leave with **both experiential insight and practical tools** for activating roles that strengthen collective intelligence and contribute to Moreno's broader vision of **sociatry—healing society through conscious relational action**.

NUDGING COLLECTIVE INTELLIGENCE: Individual Roles in Sociatric Action

Workshop Leader:

Endel Hango, TEP, PhD Candidate

Endel Hango is a management and change consultant, coach, social skills trainer, and psychodrama Teacher, Educator, Practitioner based in Estonia. He works with leaders, teams, and organizations on leadership development, collaboration, and group dynamics. Endel is currently a PhD researcher studying Collective Intelligence and the role of socio-emotional maturity in teams and organizations.

His work integrates psychodrama, sociometry, coaching, and organizational development, focusing on how individual roles influence collective processes and group effectiveness. Endel teaches and facilitates experiential learning workshops internationally and is actively involved in developing applications of psychodrama methods in leadership and organizational contexts.

ANALYTIC SOCIODRAMA AND TRAUMA: Images and Affects as Factors of Self-Care from a Jungian Perspective



Vanda Druetta
Italy

Sociodrama is a space and time in which we witness and participate in the conflicting feelings that exist, in their multiplicity of forms, and in the possible changes, in a continuous succession of the collective unconscious and the individual unconscious

Both the collective unconscious and the individual unconscious contribute to shaping our identities and the identities of peoples or groups of peoples: identities are what we recognize and define ourselves in, and they give meaning to the continuity and stability of our existences.

When a traumatic event insinuates itself into individual and collective lives, it tends to create a series of figures/images that threaten and/or pollute or disconnect fundamental aspects of the foundations of existence. The continuity of life and relationship patterns is altered. Personal and collective roles are challenged in both their social and relational dimensions. The collective unconscious and the individual unconscious are invaded by discontent, chaos, and profound conflicts that prevent us from forming an emotional and relational image of ourselves and others, of our own lives and the lives of others. They influence the loss of human rights and our personal perceptions of events, to the point of compromising our ability to find adequate self-care systems within ourselves.

The possibility of recovering essential aspects of our individual psychological conditions and those of the groups we live in, as well as protective factors (conditions that each of us experiences as the foundation of our existence), is fundamental and urgent.

Roles or functions of ourselves that are beyond the reach of normal psychological capacities and necessarily disconnected from collective and individual defenses are reflected in the group in a collective form: how can a change in psychological self-care occur?

The sociodrama group can become a factor in collective self-care as it can foster self-recognition and the differentiation of wounded and vulnerable emotional parts, out of place and easy prey to devaluation, illusory cages, hopelessness, and loss of meaning.

The sociodrama group, which stages the collective unconscious, with images and dreams, intertwined with the individual inner world, acts as a mediator between these emotional states and long-lost resources. It offers the opportunity to recognize buried affections, free them from the cages in which they have been locked up, recognize them, experience them physically, bring them within, share them, and, through the acquisition of a metaphorical language, the language of the soul, introduce them into a new collective and individual story: that is, to find in the group a new model for one's feelings and the authorization to live them.

The private and intersubjective worlds meet in this other space, which presents itself as a new place for understanding the human condition and healing what has become unbearable. The birth of a livable biography.

ANALYTIC SOCIODRAMA AND TRAUMA: Images and Affects as Factors of Self-Care from a Jungian Perspective

Workshop Leader:

Vanda Druetta, Psychotherapist, Jungian-oriented Psychodramatist.

Lives and works in Turin (Italy).

She has led clinical, training, and supervision groups for years using the Jungian-oriented Analytical Psychodrama model.

She has been a teacher of Analytical Psychodrama since 1993 at several MIUR-recognized psychotherapy schools (COIRAG, IPAP, AREAG).

DEVELOPMENT OF HUMANITY IN PSYCHODRAMATIC WORK WITH INTERPERSONAL RELATIONSHIP



PAVEL KORNIENKO

Russia

Psychodrama has unique capabilities in working with interpersonal problems. Our method was created to develop our abilities to understand other people and interact with them.

At the workshop we will explore special techniques for working with problems in interpersonal relationships. We will work on enhancing clients' communicative awareness and their ability to be in togetherness with a partner. And after that, we will look at the advanced skill of role interviewing that a director needs for this work.

Workshop Leader:

Pavel Kornienko (Moscow, Russia) — psychologist, psychodramatist, psychodrama trainer and supervisor. Head and lead trainer of long-term professional psychodrama education in Moscow, Saint Petersburg, Yaroslavl, Krasnodar (Russia), Chisinau (Moldova) and other cities.

Head of the Psychodrama School "Contemporary Psychodrama Workshop" (Moscow).

THE ARCHETYPE OF CARE:

What Makes a Healer in Times of Global Challenge?

HANDE KARAKILIÇ ÜÇER

Turkey



CANDAN KAPLAN

Turkey

In this workshop participants will experience and explore the meaning of Sociatry nowadays by reclaim the meaning of social participation and peace. Sociodrama and psychodrama can serve as a transformative method for fostering peace, empathy, and active citizenship in communities.

Rooted in J. L. Moreno's vision of sociatry—the healing of society through creative action— Sociometry and Sociodrama will help and engage participants in embodied practices that illuminate diverse perspectives and cultivate mutual understanding. The workshop emphasizes on how participants create and develop social bonds, enabling them to reimagine participation in civic life as a collaborative and compassionate endeavor. By bridging personal narratives with collective concerns, Sociatry of Peace offers pathways to reinvent the meaning and the quality of peace we need toward building inclusive communities where peace is practiced as a living, relational process.

THE ARCHETYPE OF CARE: What Makes a Healer in Times of Global Challenge?

Workshop Leaders:

Hande Karakılıç Üçer. She earned her MD from the English Faculty of Medicine at Hacettepe University in 1996 and completed her residential training in Psychiatry at the Department of Psychiatry of Gazi University in 2005. She studied at distance and graduated from the Sociology Department of Istanbul University in 2024. She has held various professional roles, including Director of the Mental Health Center at the Turkish National Police Force, Psychiatrist responsible for refugee treatment for the United Nations High Commissioner for Refugees (UNHCR), Chief Physician at the French La Paix Hospital, and Consultant Psychiatrist in private hospitals and outpatient clinics. She currently conducts individual and group psychotherapy and treatment in Turkish, English, and French at her own private practice in Ankara. She participates in psychological support projects for international organizations such as the UN and the EU. She served as the coordinator of the Disaster and Psychological Trauma Unit of the Psychiatric Association of Turkey (2000-2016). She is a founding member of the Association of Psychosocial Services in Disasters (APHB-UDPS). She served as President of the International Society for Health and Human Rights (ISHHR) (2017-2020). She is currently a member of the Association of Trauma and Disaster Mental Health Studies (TARDE). Her experience and areas of special interest include trauma, secondary trauma, support for helpers, bereavement, organizational interventions, and social transformation. She completed Art Therapy and Creativity training (2011-2016) instituted collaboratively by Aura Psychotherapy, Art Therapy and Education Center and the Department of Psychiatry at Uludağ University Faculty of Medicine. She also completed Psychodrama training at the Dr. Abdülkadir Özbek Psychodrama Institute in 2017, becoming a Certified Psychodramatist. She continued as an associate trainer at the same Institute (2017-2022) and then became a senior trainer. Since 2022, she has been on the board of trainers of the ANKA Association of Group Psychotherapies and Psychodrama (ANKA-PD), which is a member association of the Federation of Psychodrama Training Organizations (FEPTO)-affiliated Dr. Abdülkadir Özbek Federation of Psychodrama Associations (AÖPDF). She is running her second-term as Chair of the Board of the same association. She served as Secretary General of the AÖPDF from 2018-2022. She is a member of the Executive Board for the 2025-2028 term of the International Association of Group Psychotherapy and Group Processes (IAGP) and Co-Chair of the IAGP's Education Committee. She is a member of FEPTO's Groupe Francophone as well as member of the FEPTO Task Force for Peacebuilding and Conflict Transformation. She is also a group director and a trainer at the International Tele'Drama Institute. She is the Chairwoman of the 9th International Sociodrama Conference, which will be held in Çanakkale, Turkey, on July 1-5, 2026, in cooperation with the Sociodrama International Network. The Conference is organized by the ANKA Association of Group Psychotherapies and Psychodrama in collaboration with, the Çanakkale Municipality and the AÖPDF.

Candan Kaplan received her bachelor's degree from the Faculty of Nursing at Hacettepe University in 2021. Following her graduation, she began her professional career at Güven Hospital, where she worked in the General Intensive Care Unit and COVID Intensive Care Unit, and later continued at Bozlam Psychiatric Hospital. During this period, she completed her master's degree in Psychiatric Nursing at Hacettepe University. Since 2023, she has been working as a research assistant in the Department of Nursing, Faculty of Health Sciences, at Ankara Medipol University. She is currently pursuing her PhD in Psychiatric Nursing at Hacettepe University. In addition, she continues her psychodrama training at the Anka Group Psychotherapies and Psychodrama Association.

PROGRAM

Saturday, June 6th, 2026

14:45 - 16:30	Workshops in parallel: • Iryna Baiguzina (Ukraine), Natalia Senkiv (Ukraine) – Authentic Dream Dance • Marcello Paltrinieri (Italy), Marina Brinchi (Italy) – Teaching Psychodrama: Sociatric Action as a Bridge Between Communities • Caterina di Chio (Italy) - PARTS OF ME INSIDE YOU Touch and emotional connection as a tool for mutual recognition • Luigi Dotti (Italy) – Take care of real groups with sociodrama and the development of relational spontaneity • Michael Wieser (Austria) – The Art of Living in Peace • Sophia Symeonidou (Greece), Tamara Čavić-Đurić (Serbia) – Sociatry of Peace: Psychodrama Pathways to Social Participation • Nilüfer Demirhan (Turkey), Margarida Belchior (Portugal) – Peace Building: Human Rights & Co-creation • Michele Bromet – Camou (France), Claudia Nunes (France) – The Functions of the Double in Psychodrama Direction: Linking Individual Roles and Collective Action • Péter Aszalós (Hungary) – Healing with the group – re-learning past experiences with here and now interactions
16:30 - 17:00	Coffee Break
17:00 - 18:15	2nd Lecture: “When the Bell Tolls...: The situation between Israel and Palestine as an icon of all humanity’s appeals to anyone who chooses to feel human. Two testimonies.” – Claudio Torrero (philosopher, activist, Buddhist monk) (Italy) – Giorgio Canarutto (activist, member of the Jewish Community of Torino) (Italy)

AUTHENTIC DREAM DANCE

IRYNA BAIGUZINA

Ukraine



NATALIA SENKIV

Ukraine

In unstable times of war and social catastrophe, resonance with personal traumatic experiences of early development, transgenerational and collective trauma is activated.

We turn to dreams as a channel of access to our unconscious, where elements of mental experience and elements of the Shadow that were repressed during trauma are located, containing powerful energy. Dreams are an influential tool for transformation and a space where different dimensions of our being meet. Similar to the invisible world of quantum mechanics, dreams describe the interaction between invisible quantum entities that are present everywhere and always. Dreams are non-local and timeless in nature. The body is essentially dreamlike. Interpreting physicality while working with dreams provides the researcher with rich material about psycho-emotional experiences and the peculiarities of energy flow. The subtle sensations of dreams precede fantasies. Perception and conscious experience of these sensations lead to the formation of new ways of working with the body, bodily (early) memory, and problems in current relationships and stressful situations. The seminar "Authentic Dream Dance" presents an integrative-analytical approach to working with psychological material that has been split off and dissociated during trauma. The seminar is based on a combination of breathing and meditation techniques, authentic movement, free dance, and deep analysis of psychological material that manifests itself in dreams and altered states of consciousness during practice. The use of trance music helps to maintain a trance state and presence. The approach described helps to find better connections between the psyche and its processes, the Body and the Soul, as well as to achieve a better understanding of a more holistic picture of oneself and the processes of one's psyche. It also helps to discover ways to reconnect with a state of consciousness in which a person has access to their Inner Sanctuary and resources in their future life outside the seminar room.

AUTHENTIC DREAM DANCE

Workshop Leaders:

Iryna Baiguzina is the Head of the Section of Integrative Analysis, Pre- and Perinatal Psychoanalytic Psychotherapy of the Association of Psychoanalysts and Psychotherapists of Ukraine (APPU), psychotherapist, integrative analyst, training analyst, and supervisor of the APPU. Member of the APPU, USP, IAGP, EFPP.

Natalia Senkiv is a leading specialist in the Section of Integrative Analysis, Pre- and Perinatal Psychoanalytic Psychotherapy of the Association of Psychoanalysts and Psychotherapists of Ukraine, psychotherapist, integrative analyst. Member of the APPU.

TEACHING PSYCHODRAMA: Sociatric Action as a Bridge Between Communities

MARINA BRINCHI

Italy



**MARCELLO
PALTRINIERI**

Italy

In an era defined by geopolitical fragmentation and cultural polarization, Psychodrama emerges not merely as a clinical tool, but as a powerful catalyst for sociatric action.

Teaching psychodrama in contexts characterized by profound geopolitical asymmetries or persistent trauma is far more than a technical transmission of clinical skills; **it is a deliberate political and ethical act** aimed at reconstructing the social fabric through the mobilization of spontaneity and creativity.

The core of this contribution lies in the psychodramatic method's ability to operate on a **transcultural level**. When teaching psychodrama the pedagogical objective is not cultural homogenization, but the establishment of a "safe stage" where the act of learning becomes a laboratory for coexistence.

The objective is not the assimilation of differences, but the construction of a functional bond that respects alterity. In this context, sociatry acts as a medicine for the social fabric, utilizing role-playing and role-reversal to:

- Dismantle crystallized prejudices and collective stereotypes.
- Validate collective traumatic experiences without erasing specific cultural identities.
- Establish a "third space" of communication where diverse cultures can coexist—remaining distinct yet profoundly linked.

Two Conductors, a man and a woman, will accompany Participants through a **practical and theoretical reflection on how psychodrama can evolve into a practice of humanistic diplomacy**. Ultimately, we aim to demonstrate how sociatric action can generate a new semiotics of social connection, fostering resilience and dialogue especially within high-tension global contexts.

TEACHING PSYCHODRAMA: Sociatric Action as a Bridge Between Communities

Workshop Leaders:

Marina Brinchi

Psychologist Psychotherapist. Trainer and Supervisor in Psychodrama, Cochair AMP (Associazione Mediterranea di Psicodramma), Turin Institute I.P.A.P. Supervisor and IAGP and FEPTO Member. Group-Analyst. E.G.A.T.I.N. (European Group Analytic Training Network) former Chair and Treasure, Member of the Board of C.A.T.G. (Group Analytic Association) EGATIN founding Member; Trainer and Supervisor in Milan Group Analytic Psychotherapy Institute. Trainer and Supervisor in Systemic and Relational Therapy in Alcamo IEFCoSTRe. Valle d'Aosta University Experiential Group Psychotherapy Contract Professor. Perugia University former Psychology Contract Professor. Public Mental Health Service Former Director. She facilitates and leads group therapy nationally and internationally. She published articles in scientific journals and books and she is a editorial board member of Psicobiettivo magazine. Former Member of the National Woman Psychologist Committee (CPO CNOP) and of the EngHea Gender Medicine Association.

Marcello Paltrinieri is a psychodynamic psychotherapist and Jungian psychodramatist based in Italy. He has extensive clinical experience in the treatment and management of violent and criminal behavior.

His current practice and research focus on reimagining community models through the lens of relational spontaneity and the "encounter." A long-standing member of the IAGP (International Association for Group Psychotherapy and Group Processes), he actively contributes to intervention groups and international workshops. He is also a member of the AMP (Mediterranean Psychodrama Association).

PARTS OF ME INSIDE YOU

Touch and emotional connection as a tool for mutual recognition



CATERINA DI CHIO
Italy

A workshop to explore what makes us human and what unites us in our humanity. To recognise the other as an individual, separate from us, but also as an opportunity to come into contact and connect with parts of ourselves that are activated when we encounter the other. In harmony as in conflict, the other person helps us to understand and know ourselves deeply.

**All we need to do is learn the language of
con-tact and connection between individuals.**

Workshop Leader:

Caterina Di Chio: Psychologist and Psychotherapist, Morenian Psychodramatist, Trainer at the 'Studio di Psicodramma', Institute of classical Morenian psychodrama, Specialising in cognitive-constructivist psychotherapy, EMDR therapist

TAKE CARE OF REAL GROUPS WITH SOCIODRAMA AND THE DEVELOPMENT OF RELATIONAL SPONTANEITY



LUIGI DOTTI

Italy

This workshop is the result of many years of working with real groups, particularly school classes of children. Activities with nursery and primary school children have reinforced the understanding that the school class is a significant experience that accompanies children's development. School is not a clinical or therapeutic setting, but it can play an important role in the care of children.

A good class group can be a therapeutic, corrective and supportive experience, as well as fertile ground for building self-esteem and developing interpersonal and social skills... Rediscovering the magic of theatre and play at school, as safe spaces where we can try out new roles and grow together. Devoting time to building the group is the highest form of teaching we can undertake: teaching that the other person is not a boundary but a mirror in which to discover who we are... *"Because when a class becomes a group, you don't just learn a subject: you learn how to be in the world."*

Focusing attention on the importance of caring for groups is a valuable contribution to fostering a culture of care within the classroom - a culture that rejects indifference, embraces responsibility, and recognises relationships and the group as fundamental spaces for growth, learning and transformation.

In the workshop, we will explore the **methods and techniques of psychosocial drama and the Theatre of Spontaneity** as practised by CURA DI CLASSE, with a particular focus on the skills of relational spontaneity and the collective creation of a story.

TAKE CARE OF REAL GROUPS WITH SOCIODRAMA AND THE DEVELOPMENT OF RELATIONAL SPONTANEITY

Workshop Leader:

Luigi Dotti, a psychologist and psychotherapist, psychodrama director and Accredited Trainer in Playback Theatre (Centre for PT, New York), has worked for over 42 years within the National Health Service, specialising in group psychotherapy for children and adults, as well as training and health education for healthcare professionals, teachers and school classes.

For more than 25 years, he has been promoting the development of sociodrama and psychodrama in the community through the Provaglio d'Iseo Psychodrama Theatre and the event *PSICODRAMMA A PIU' VOCI*, which has been held in Iseo for 27 years and is organised by the Il Germoglio Cooperative.

THE ART OF LIVING IN PEACE



MICHAEL WIESER

Austria

After an introduction, we will draw our life cosmos, encompassing both harmonious and conflict-ridden aspects. We will then work on this together, **striving to contribute to peace.**

Literature: Weil, P. (2002). *The Art of Living in Peace: Guide to Education for a Culture of Peace*.
<https://policycommons.net/artifacts/8863511/the-art-of-living-in-peace/9715261/>

Workshop Leader:

Wieser, Michael Alexander; Mag. Dr. phil., assistant professor, psychologist, psychodrama educator, and psychotherapist. Country co-coordinator of the Society for Psychotherapy Research; vice-president and an honorary member of the Society Moreno Museum; member of some editorial boards; maintains the international psychodrama bibliography; holder of the Zerka T. Moreno Award.

SOCIATRY OF PEACE:

Psychodrama Pathways to Social Participation

SOPHIA SYMEONIDOU

Greece



TAMARA ČAVIĆ-ĐURIĆ

Serbia

In this workshop participants will experience and explore the meaning of **Sociatry** nowadays by reclaim the meaning of social participation and peace. Sociodrama and psychodrama can serve as a transformative method for fostering peace, empathy, and active citizenship in communities.

Rooted in J. L. Moreno's vision of sociatry—the healing of society through creative action— Sociometry and Sociodrama will help and engage participants in embodied practices that illuminate diverse perspectives and cultivate mutual understanding. The workshop emphasizes on how participants create and develop social bonds, enabling them to reimagine participation in civic life as a collaborative and compassionate endeavor. By bridging personal narratives with collective concerns, **Sociatry of Peace** offers pathways to reinvent **the meaning and the quality of peace** we need toward building inclusive communities where peace is practiced as a living, relational process.

SOCIATRY OF PEACE:

Psychodrama Pathways to Social Participation

Workshop Leaders:

Sofia Symeonidou lives in Greece. She is a Psychodrama and Sociodrama Trainer, Supervisor and Therapist. She has a Diploma in Social and Behavioral Sciences with major in Psychology. She has a Diploma in Psychodrama and Group Psychotherapy since 2002. She is Psychodrama Trainer from 2012 and works as psychodrama therapist since 2002. She is the main Trainer and the Director of "Topos.Thesi" (Center for the Study and Application for Psychodrama and Sociodrama/Sofia Symeonidou), member of FEPTO since 2016. www.topos-thesi.gr. She is a member of Task Force for Peace and Conflict Transformation FEPTO since 2012. Since 1997, she has been working in the Human Rights field in cooperation with NGO'S. She has provided training in Human Rights for young people, young offenders and youth in danger of Social Exclusion. She provides supervision to scientific personnel, and social scientists of ARSIS, and other Organizations. She has been utilizing her extensive experience in organizing and monitoring new methodologies to offer support to social scientists working in the field with refugees. She is a member of IAGP (International Association for Group Psychotherapy and Group Processes), and member to IAGP'S Intervision group for Collective trauma continuously from 2019.

Tamara Čavić Đurić, MD, PhD, is a psychiatrist and psychotherapist from Belgrade, Serbia, with more than thirty years of clinical, academic, and international experience in trauma recovery, refugee mental health, and peacebuilding. Her professional work integrates psychiatry, psychodrama, and transgenerational trauma therapy, with a sustained focus on the psychological consequences of war, displacement, and human rights violations. She is the founder and lead therapist at Psihoterapija Dr Đurić and has served as a coordinator for mental health programs within the World Health Organization, contributing to regional initiatives on post-traumatic therapy and professional training for those working with displaced populations. Her doctoral research examined cognitive restructuring in refugee groups with PTSD, reflecting her long-term commitment to vulnerable and marginalized communities. Tamara previously led the psychotherapy department at the Clinic "Dr Laza Lazarević" and continues to teach at several universities, while also holding leadership roles as President of the Belgrade Psychodrama Center and Vice President of FEPTO. She is the author of two monographs and numerous scientific publications, and her contributions to psychiatric science and humanitarian practice have been recognized with the WHO Okasha Award. Her work remains dedicated to fostering psychosocial integration, dignity, and healing across borders.

PEACE BUILDING: Human Rights & Co-creation

NILÜFER DEMIRHAN

Turkey



MARGARIDA BELCHIOR

Portugal

In this troubled world, in which the principles and references we had as warranties like International Law and Human Rights are being questioned. All this besides of the wars, the climatic crises, the increase of extreme right populist parties and the polarisation of societies.

More than ever we need to build peace inside ourselves, within our families, communities, countries, continents, planet, and cosmos.

We think the only way to work actively for Peace building is to continue to work together to co-create, in a sociatric way, a new way of living together, keeping side by side Moreno's statement

A truly therapeutic procedure cannot have less of an objective than the whole of humankind. But no adequate therapy can be prescribed as long as humankind is not a unity in some fashion and as long as its organization is unknown. It helped in the beginning to think, although we had no definite proof, that humankind was a social and organic unity. (Moreno, 1934).

and the Human Rights Declaration.

From these starting points, in this workshop, we will **work sociodramatically on Human Rights**. We believe that these two references, including the respect for the planet and the Universe, can create synergies and enhance each other.

We will propose warm-ups, enactments, building masks in the moment, with some techniques, such as small group co-creation, "role-plays", soliloquies, role reversal, the use of masks and surplus reality. At the end, a sharing and reflection moment will also have place.

Learning objectives:

- to explore sociodramatically social situations in small and big group;
- to experience the potential of small group co-creation and how it helps to develop creativity;
- to develop deeper awareness about the relevance of working about Human Rights for Peace building.

PEACE BUILDING: Human Rights & Co-creation

Workshop Leaders:

Margarida Belchior is a teacher, researcher and sociodramatist. She is a sociodrama trainer, educator and practitioner (TEP), by the Swedish Psychodrama Akademin. She was a former primary school teacher and teachers' educator. Nowadays she teaches at Lusófona University (Lisbon) in Social Education, as she holds a Ph.D in Education about technology and Peace Education. She leads workshops of teachers professional learning for inclusion and creative action methods (strongly inspired in Sociodrama). She was the leading person, in Portugal, for the PERFORMERS project (ERASMUS +) and author in the books which resulted from this project. She also participated in the project "Discovering the Languages of Peace", and wrote a chapter for the book of this project. She co-created the project Public Sociodrama with Art, in Lisbon, and led Sociodrama workshops in international settings.

Nilüfer Demirhan, MA, is a clinical psychologist, psychotherapist, Jungian psychodramatist, family therapist (EFTA) and transgenerational therapist. She works in private practice with individuals, families and groups, and combines different psychotherapy approaches. She is a member of Federation of European Psychodrama Training Organisations (FEPTO) Task Force for Peace Building and Conflict Transformation and she is a board member of the International Association of Group Psychotherapy and Group Processes (IAGP), she also served as IAGP Young Professionals' Section Chair in the previous term.

THE FUNCTIONS OF THE DOUBLE IN PSYCHODRAMA DIRECTION: Linking Individual Roles and Collective Action

MICHELE BROMET - CAMOU

France



CLAUDIA NUNES

France

In resonance with the conference theme “Sociatry, Individual Roles and Collectivity in Action,” this workshop examines how psychodrama directing can consciously mobilize the differentiated functions of the double to connect individual role development with the collective dynamics of the group.

While doubling is often described as a supportive technique helping the protagonist express inner thoughts and emotions, we propose a broader perspective in which the director works with distinct modalities of doubling that actively structure both the dramatic process and the circulation between stage and audience.

Three main functions will be explored. The “in” double, within the scene, accompanies the protagonist, ensuring emotional containment, relational continuity, and gradual unfolding of the role. The “off” double, slightly outside the dramatic action, gives voice to latent or unconscious dimensions of experience. Finally, punctual doubles, emerging from the audience and briefly joining the scene, embody the movement of the group field and allow collective resonances to enter the process.

From a Morenian perspective, directing psychodrama is **the art of orchestrating** these forms of doubling so that personal roles unfold within a living sociatic process. The director’s work not only supports individual expression but also facilitates circulation between personal experience and collective meaning.

This workshop will be experiential and participatory, **allowing participants to directly engage with the functions of the double**. Through guided exercises, role explorations, and short enactments, participants will observe how the “in,” “off,” and punctual doubles operate in real-time within the group field. This hands-on experimentation will demonstrate how the director’s orchestration of doubles fosters co-creation, empathy, and shared responsibility, linking individual expression with collective dynamics.

THE FUNCTIONS OF THE DOUBLE IN PSYCHODRAMA DIRECTION: Linking Individual Roles and Collective Action

Workshop Leaders:

Michèle Bromet-Camou is a clinical psychologist, group analyst, family therapist, and psychodramatist with over 35 years of experience in child psychiatry and early parent-child care. Trained in both analytical and Morenean psychodrama, she combines deep clinical expertise with a passion for human development.

Author of *"Milie, enfant à naître"* (2002), *"La désadoption"* (2008), and *"Guérir de sa famille"* (2018), her work bridges personal insight and professional practice.

In 2023, she co-founded the French Institute for Psychodrama Research and Applications (IFREAP), a FEPTO member organization, dedicated to passing on the legacy of Morenean psychodrama with her collaborators Claudia Nunes and Yves Postic.

Claudia Nunes is a psychologist, sophrologist, psychodramatist, and psychodrama trainer at IFREAP.

In private practice for ten years, she offers individual and group psychotherapy and facilitates professional practice analysis in daycare settings using psychodrama.

Committed to promoting psychodrama, she co-founded IFREAP in 2023 with Michèle Bromet-Camou. Her experiential teaching combines practice, reflection, and theory in a safe and supportive environment.

She emphasizes ethical values in psychodrama and helps trainees develop their own psychodramatic creativity.

HEALING WITH THE GROUP

RE-LEARNING PAST EXPERIENCES WITH HERE AND NOW INTERACTIONS



PÉTER ASZALÓS
Hungary

Many group members carry not only unresolved personal events but also a deeper relational deficit: they have rarely experienced participation in a well-functioning group, either within their family of origin or among peers. This workshop explores how **the group itself can become a central healing agent**, a living relational field in which corrective experiences can emerge through here-and-now interactions.

Through guided warm-up exercises and meaningful enactments, participants will explore their own positions within the group and engage in a series of personal interactions that evoke the **autonomous healing center and the lover of life**. These experiences create opportunities to differentiate past expectations from present realities and to co-create the foundations of a well-functioning group. At key moments during the workshop, we will pause to reflect on how the dramatist's interventions create the living tele field and how they influence the unfolding relational dynamics.

Workshop Leader: Péter Aszalós

I began my psychodrama training about 30 years ago within the Hungarian Psychodrama Association. Among my influential teachers, Max Clayton had a particularly strong impact, shaping my dedication to people, the spiritual dimension of Moreno's work, and structural thinking. I later became a Trainer, Educator, and Practitioner (TEP). My work focuses on role theory, which I have further developed in my own theoretical contributions. In teaching and training, I integrate psychodrama with systemic thinking to better understand relational dynamics, trauma, and the healing potential of groups.

2ND LECTURE: WHEN THE BELL TOLLS...

**The situation between Israel and Palestine
as an icon of all humanity's appeals to
anyone who chooses to feel human.**

Two testimonies

CLAUDIO TORRERO

Italy



GIORGIO CANARUTTO

Italy

We live in a time where news has a prominent (at times almost invasive) presence, shining a spotlight on situations both near and far.

The situation between Israel and Palestine has deep roots that have led to the present day, and the international spotlight has shone, bringing us closer to the tragedy that has raged for years and is becoming increasingly terrible.

How can we gather this news? For some, it has raised questions about the geopolitical history of that specific area, but also a call to the meaning of being human. In this contribution, two Italians share their testimony about an inner journey that has developed through concrete actions of closeness to that context: a closeness of men to other men; the desire to look each other in the eye to understand before passing judgment; the urgency of doing something to underline the power of nonviolence and dialogic confrontation... so that the arrogance of the strongest is denounced and opposed everywhere in the world, in the name of sacred respect for every Human Being.

2ND LECTURE: WHEN THE BELL TOLLS...

The situation between Israel and Palestine as an icon of all humanity's appeals to anyone who chooses to feel human.

Two testimonies

Claudio Torrero: He was born in 1956 in Torino. In the 1970s, he was actively involved in Torino's student and workers' struggles and graduated with a degree in philosophy, a subject he taught in high school until his retirement. In the 2000s, he founded the Interdependence Association (www.interdependence.eu) to deepen and share the spiritual experience that arises from religious and cultural pluralism, with a view to a shared commitment to the salvation of the Earth. He has published his philosophical, sociological, and psychological reflections on the role of education in contemporary society in two books, as well as an anthropological research on immigrant communities in Torino. In 2013, he co-edited the volume "Raimon Pannikar, filosofo e teologo del dialogo", ("Raimon Pannikar, Philosopher and Theologian of Dialogue"). Since 2018, he has been a Buddhist monk under the name Bhante Dharmapala.

With a growing group, he embarked on a spiritual journey based on the idea that Dharma must engage deeply with the events of our time and the spiritual roots of the West: Greek philosophy and the Judeo-Christian religious tradition. In 2025, feeling compelled to participate in the Flotilla, he boarded the ship Conscience to bring humanitarian aid and a testimony of peace. The ship was blocked and everyone was arrested by the Israeli army. The diary of this journey is also the story of an inner journey: touching the wounds of our time to restore dignity and strength to compassion and nonviolence. His testimony is published in the book "Sull'arca e dentro la balena" ("On the Ark and Inside the Whale").

Giorgio Canarutto: He was born in Ivrea (near Torino) in 1960. He graduated in Business Administration from the University of Torino and worked in the IT sector for about 40 years. He defines himself as an activist. His orientation was shaped by events such as the invasion of Lebanon with the Sabra-Shatila massacre; the Hebron massacre at the hands of Baruch Goldstein; and the assassination of Yitzhak Rabin. He was shocked and angered for the Left's lack of response to the killing of the Prime Minister. Some readings that shaped his orientation were: Thomas Friedman's writings on the Sabra-Shatila massacre and "Khirbet Khizeh" by S. Yitzar, which recounts the expulsion of the inhabitants of a Palestinian village in 1948, through a participant narrator. He was an active participant in "Rete Ebrei contro l'occupazione" (Jews Against the Occupation Network), an association founded in Italy in 2001 and dissolved in 2019. It was on the Italian executive committee of European Jews for a Just Peace (EJJP), which actively promoted criticism of the occupation of Palestinian territories by the State of Israel. He joined "Mai indifferenti" (Never Indifferent). In January 2024, this group organized a public meeting between Jewish and Palestinian figures in Milano, addressing the question of how to commemorate Holocaust Remembrance Day during a massacre perpetrated by Israel. In the summer of that year, he participated in a program run by the Center for Jewish Nonviolence, which allowed him to spend a few days in a Palestinian village in Masafer Yatta area: "The presence of 'internationals' can be of great help to Palestinians suffering from settler violence." He has published articles in the magazine "HaKeillah" (La Comunità - The Community) (www.hakeillah.com) of the Gruppo Studi Ebraici (Jewish Studies Group) and welcomes opportunities for dialogue and encounter as a response to a debate that is increasingly escalating in violence.

PROGRAM

Saturday, June 6th, 2026

18:15 - 20:00

Workshops in parallel:

- Stephan Flegelskamp (Germany), Milena Mutaftchieva (Bulgaria) – **The Healing Play for the society. What we can learn from children**
- Ursula Hauser (Switzerland/Costarica), Enas Jouda (Gaza), Maja Hesse (Switzerland) – **How to Integrate Gaza into the World? Using Sociodrama and Psychodrama Techniques**
- Luciano Moura (Portugal) – **The Social Within Us: Internal Psychodrama as a Sociatric Act**
- Débora Moghilevsky de Penna (Argentina) – **Fractal Memory: Exploring Patterns of Historical Repetition in Sociopsychodrama**
- Luca Pinciaroli (Italy), Angela Sordano (Italy) – **I am because we are “La “Restanza”: Places to repair, build and create**
- Raul Vaimberg (Spain) – **Group Psychotherapy and Psychodrama. Transformations in the psyche and in the therapeutic scene in the digital age**
- Irene Henche (Spain) – **The Queen Bee and the Anima Mundi: waking the bewitched Anima**
- Hanife Ugur Kural (Turkey), Itir Erkan (Turkey), Gökhan Özcan (Turkey) they will direct in hybrid form from Turkey, assisted by a colleague in attendance – **Circles of Peace: Discovering Rumi Through Jungian Psychodrama From Archetype to Embodied Dialogue**

20:15 – 24:00

Social Dinner and Music

THE HEALING PLAY FOR THE SOCIETY.

What we can learn from children

STEPHAN FLEGELSKAMP

Germany



**MILENA
MUTAFCHIEVA**
Bulgaria

The psychodramatic therapy of children differs profoundly from treating adults with this method and demands a lot of the psychodrama therapist. Children communicate differently than grown-ups. Play is their instrument of expressing their inner world and they use symbols to convey their feelings. One might say that play is their „royal way“ to express the unconscious. They explore their possibilities through “doing and acting,” testing their inner images by enacting them on an appropriate stage.

Children engage in play, selecting subjects, settings, and roles. This form of expression allows them to articulate their thoughts, develop emotionally, and have fun. Presumably, this is the foundation of psychodramatic therapy. Jacob L. Moreno developed his psychodramatic approach based on this kind of play, incorporating the fundamental steps and elements of human development.

Children are characterized by an outstanding creativity. They can change sorrowful situations into a game with symbols and find solutions for their own conflicts. Constitutive psychodramatic fundamental techniques are adopted from this vibrant, childlike play. Children's psychodrama fosters self-development and supports children's growth in a unique manner. The seminar will provide insights into the Basic Psychological Needs of human beings, which serves as the theoretical foundation for the psychodrama approach with children and its healing aspects for society.

THE HEALING PLAY FOR THE SOCIETY.

What we can learn from children

Workshop Leaders:

Assoc. Prof. **Milena Mutafchieva**, PhD Psychologist, psychodrama therapist, professor at the Institute for Cognitive Science and Psychology at New Bulgarian University, Sofia. Psychodrama trainer for adults and children. Mutafchieva is the founder and director of the Center for Child Development and Psychological Counseling "Cognitiva," Sofia, Bulgaria. Co-founder of InterPlay International

Stefan Flegelskamp, Social worker and psychotherapist for children and youth, Child psychodrama - therapist, psychodrama director for adults, Supervisor, head of the "Szenen" Institute for Psychodrama in Cologne and Co-founder of InterPlay International in Sofia, Bulgaria.

HOW TO INTEGRATE GAZA INTO THE WORLD?

Using Sociodrama and Psychodrama Techniques



URSULA HAUSER
Switzerland/Costarica



ENAS JOUDA
Gaza



MAJA HESSE
Switzerland

Introduction, presentation and Warming up: This workshop utilizes Sociodrama and Psychodrama, trying to build a bridge over the actual global divisions, and the violent exclusion from social and human community and consciousness; focusing on Gaza.

Sociodrama: 2 spaces: Here/Torino/Europe - there GAZA: how to cross the barrier, how to build a bridge? GAZA SPEAKS TO THE WORLD - THE WORLD SPEAKS TO GAZA.

Psychodrama: Some colleagues emerge as protagonists and come into the scene, psychodrama action.

Sharing and closure:
EXPRESSIONS OF HOPE

HOW TO INTEGRATE GAZA INTO THE WORLD?

Using Sociodrama and Psychodrama Techniques

Workshop Leaders:

Ursula Hauser Grieco, PH.D in Ethnopsyoanalyses Resident in Switzerland and Costa Rica. Psychoanalytic clinic in Costa Rica Trainer and supervisor in Psychodrama. University Professor in different countries (Europe and Latin America, Palestine). www.fundacionursulahauzer.org

Enas Jouda, Palestinian mental health professional from Gaza, currently working at the Gaza Community Mental Health Programme (GCMHP) as Head of the Academic and Professional Programs Unit and a PhD candidate in Mental Health. Specialized in psychotherapy and psychodrama for children and adults, with extensive experience in trauma-informed interventions. Actively engaged in international in-person and online trainings, and receiving both local and international supervision. Committed to continuous professional development through reviewing training materials and clinical literature. My work includes providing structured feedback, documenting achievements, and addressing clinical challenges to ensure high-quality mental health care in conflict-affected settings.

Maja Hess, M.D. Physician and Psychiatrist, Psychodramatist and President of the health NGO medico international Schweiz/Switzerland. Experience in primary health care and psychosocial support in Chile, Nicaragua, El Salvador, Guatemala, Chiapas, Gaza, and Rojava (Northeast Syria/NES). Since 2002, training and supervision assistant (psychotherapeutic group method) in the Gaza Community Mental Health Programme in Gaza for 1-2 weeks per year, together with Dr. Ursula Hauser. Current psychiatric-psychotherapeutic work in Switzerland with traumatized migrants.

THE SOCIAL WITHIN US: Internal Psychodrama as a Sociatric Act

This workshop explores Internal Psychodrama as a sociatric act, showing how individual inner work can foster collective healing and social transformation. Internal Psychodrama works with the individual's inner images as if they were staged on a psychodrama stage, allowing inner roles and scenes to become visible and transformable through imagined action. By activating internal roles and relational matrices, participants access personal narratives that reflect wider cultural and social dynamics.



LUCIANO MOURA
Portugal

Through internal dramatization, guided imagery, and the relational process, inner change becomes a social gesture — even when the work takes place in an individual setting. The workshop emphasizes that the social does not exist only outside us, but lives within our internal scenes, memories, and roles. Transforming these inner configurations is also a way of transforming the relational field and contributing to a broader sociatric movement: healing the social from within.

Workshop Leader:

Luciano José Cardoso e Moura, MD, is a psychiatrist and psychodramatist based in Porto, Portugal. He is a certified Director in Morenoan Psychodrama and Psychodance, with over three decades of experience in individual psychodrama, couple, and group settings. Former consultant psychiatrist at Hospital de São João, he has led specialized therapeutic groups in the areas of psychosis, trauma, eating disorders, HIV/AIDS, and children. He is a didactic member of the Portuguese Society of Psychodrama and served as Chair of the Ethics Committee of FEPTO. Luciano conducts individual psychodrama and therapeutic groups, teaches, and supervises in Portugal and internationally, contributing to the development of psychodrama, psychodance, and the social dimensions of therapeutic action.

FRACTAL MEMORY:

Exploring Patterns of Historical Repetition in Sociopsychodrama



DÉBORA MOGHILEVSKY
DE PENNA
Argentina

This workshop combines the Sociopsychodrama Method with Complexity Theory and Fractals to investigate how Patterns of Historical Repetition influence our collective memory and our emotional present. Given that the principle of Sociatry is 'Sociatry focuses on the healing of societies,' this work proposes a way to engage with this concept.

Through Sociopsychodrama, participants enter the Stage, which becomes a key instrument for experiencing the organizational pattern of memory as a complex system in Psychic Space. This process facilitates the exploration of the "Origins of Social Traumas," allowing for their processing and the recovery of the fractal dynamics necessary to restore the states of harmony prior to the emotional wounds. These wounds can manifest in the Identity, Family, Social, and Cosmic Matrices, often giving rise to Transgenerational Symptoms that repeat themselves without our understanding of their origin. By identifying the exact point in time and space where the trauma originated, the use of Sociopsychodrama Enriched with Complexity Theories and Fractal Geometry, it not only allows the integration of a restorative element and promotes Integration Catharsis, but also fosters the development of Spontaneity and Creativity, pillars of Morenian Theory.

FRACTAL MEMORY: Exploring Patterns of Historical Repetition in Sociopsychodrama

Workshop Leader:

Débora Moghilevsky de Penna, Psychologist, PhD in Psychology, graduated from the University of Buenos Aires (2019). Psychodramatist, student of Mónica Zuretti, Zerka Moreno, and Shirley Barklay (1986-1992), and Psychodrama Trainer (Zerka T. Moreno, 2013). Co-founder of the Zerka T. Moreno Center for Psychodrama and Sociodrama (1992). Postgraduate Professor at the University of Buenos Aires (2004-2023). Author of the book "Fractal Memory, Psychodiagnostics, Transgenerationality, and Psychodrama" (2026).

I AM BECAUSE WE ARE

La "Restanza": Places to repair, build and create

LUCA PINCIAROLI

Italy



At a time of great global transformations and social fragmentation, we need places to rediscover our shared humanity and mutual responsibility towards what surrounds us and of which we are a part.

ANGELA SORDANO

Italy



The relationship between individual and collectivity, between individual and alterity, can be built through the recognition of a common space to be repaired, to be built, to be created. Those common spaces give meaning to our journey and to the meeting with the unknown inside us and in others.

With the term "restanza", Vito Teti, a Calabrian anthropologist, means a process of repopulation and revitalisation of the depopulated "inland areas", rebalancing between marinas and mountains, dialogue between separate territories, and connection between coasts and the "inland areas". Thus, the "rest" becomes a way to resist so many processes of homologation, and to engage in a continuous dialogue with the Other against the push towards a hypertrophic I. To be at the service of life, it is necessary to practice a certain degree of resistance. Resisting means opposing and clashing without forgetting that resisting is also creating.

As Cesare Pavese wrote: *"A country is needed, if only for the sake of leaving. A country means not being alone, knowing that in the people, in the plants, in the earth, there is something of yours, that even when you are not there, it is left to wait for you"*.

The workshop aims to let you enter the space to revitalize, in the inner world and in the outside relationships, to build together a country that is there, waiting and representing us. We will start with an active imagination, and then we will experience a sociodramatic activity.

I AM BECAUSE WE ARE

La "Restanza": Places to repair, build and create

Workshop Leaders:

Angela Sordano. Full Member GASI, FEPTO, I.A.G.P., C.O.I.R.A.G., A.P.R.A.G.I.P., ARPA (Jungian Association for the research in Analytical Psychology). Past President Apragipsicodramma. Until 2022, member of the Italian editorial staff for the review "Gruppi"; referee for Group Analysis review; trainer in COIRAG for Group Analytic Psychodrama and Clinical Supervisor; trainer in the Jungian Psychotherapy School (IPAP) for Groups with children and adolescents. Clinical Psychologist in a Developmental Mental Health Service until 2020, lecturer at Turin University in clinical child observation until 2018. Actually, working in private practice with children, adolescents, parental support, and supervision.

Luca Pinciaroli. Psychologist, Psychotherapist, and Psychodramatist.

Representative of "Group Psychotherapy Area" at ASL Città di Torino, Territorial Center of Via Schio 1, Department of Mental Health ROT NORD est. Supervisor at the Adolescent Center of ASL Città di Torino. Professor at the COIRAG Postgraduate School of Psychotherapy. Co-founder of the "Mana Psychotherapy, Associated Studio" in San Salvario district, Turin. Since June 2024, President of Apragip (Association for Research and Development of Individuative Analytic Psychodrama - PAI), a member of the COIRAG federation and the FEPTO (Federation of European Psychodrama Training Organisations).

GROUP PSYCHOTHERAPY AND PSYCHODRAMA.

Transformations in the psyche and in the therapeutic scene in the digital age



RAUL VAIMBERG

Spain

The expansion of digital technologies has profoundly transformed communication, human bonding, and the ways in which the psyche is represented and expressed within the therapeutic scene. In the field of psychodrama and group psychotherapy, the emergence of digital presence has given rise to a new clinical and intersubjective space, where body, image, sound, and technology intertwine in hybrid experiences of dramatization and encounter.

This workshop aims to explore—both theoretically and experientially—the transformations of the psyche and of psychodramatic practice in the digital age, focusing on the phenomena of interactivity, multimodality, human-technological hybridization, the online scene, and the technological mirror.

The 1 hour 45 minute session will unfold in five stages:

1. Theoretical introduction (20 min): Presentation with PowerPoint based on the chapter “Online Group Psychotherapy: Transformations of the Psyche and the Therapeutic Scene in the Digital Era” by Raúl Vaimberg Grillo.
2. Workshop presentation (10 min): Explanation of the group structure and dramatization guidelines.
3. Small group work (30 min): Participants will be divided into subgroups of 10. Each group will select a coordinator, discuss the workshop theme—“Transformations of the Psyche and the Therapeutic Scene in the Digital Era”—and create a dramatization through statues or group enactments.
4. Plenary sharing (15–20 min): Each subgroup will present its mini dramatization (maximum 1 minute), viewed as an expression of collective resonances and emerging forms of digital presence.
5. Final reflection (25 min): Large-group discussion on the processes of dramatization, group resonance, and distributed presence in hybrid contexts.

The objective is to experience and reflect collectively on how psychodrama is being transformed in the digital environment, where therapeutic processes expand into multiple, sensory, and technologically mediated forms of presence.

GROUP PSYCHOTHERAPY AND PSYCHODRAMA.

Transformations in the psyche and in the therapeutic scene in the digital age

Workshop Leader: Raúl Vaimberg

Psychiatrist. Doctor in Psychology by the University of Barcelona, Psychodramatist, Group Psychotherapist. Director of the Master in Groups and Psychodrama by IL3-University of Barcelona. Member of FEAP, SEPTG, AEP, IAGP. Forty years of clinical experience in Group Psychotherapy and Psychodrama and in the training of Mental Health professionals.

Published books:

VAIMBERG, R. (2012). Psicoterapia de Grupo. Psicoterapia de Grupo Online. Octaedro: Barcelona.

VAIMBERG, R y LOMBARDO, M. (2015). Psicoterapia de Grupo y Psicodrama. Octaedro: Barcelona.

VAIMBERG, R. & VAIMBERG, L. (2020). "Chapter on Online Group Therapy. Transformations through the technological mirror". In Haim Weinberg and Arnold Rolnick editors, Theory and Practice of Online Therapy. New York: Routledge.

THE QUEEN BEE AND THE ANIMA MUNDI: waking the bewitched Anima



IRENE HENCHE ZABALA

Spain

Symbolic Psychodrama gives us a metaphor of human existence through archetypal images of dreams, art and fairy tales.

In this workshop we are going to discover a tale called The Queen Bee.

We will immerse ourselves in the path which the three brothers go through to discover the palace in which everyone and all has turned to stone.

During this trip into the forest, we will discover the ants, the ducks and the tree with the honey of the bees.

Throughout these discoveries, we will be more aware about how the earth is our great mother and all the beings that exist are our siblings.

With this humility represented by Simple, it is necessary to recuperate the respectful to the nature and life and so, it will be possible to arrive until the sleeping woman and awake her.

With this awakening of the feminine, all can come back to life. Stones disappear and human beings and animals are alive again.

So, through Symbolic Psychodrama, **we can experience how to connect with the Unconscious through the creative imagination and feel the blessing of being part of the Anima Mundi.**

THE QUEEN BEE AND THE ANIMA MUNDI: waking the bewitched Anima

Workshop Leader: Irene Hence Zabala

Clinical and Educational Psychologist in Madrid. Psychotherapist and PD Supervisor and Trainer.

Author of Symbolic Jungian Psychodrama as well as diverse publications on this topic.

Member of the Spanish Association of Psychodrama (AEP). National and International Trainer in Italy, France, Portugal, Austria, Switzerland, Argentina, Chile, Colombia. Director of Symbolic Psychodrama Training Centre in Madrid.

Member of AEP, FEAP, IAGP.

CIRCLES OF PEACE:

Discovering Rumi Through Jungian Psychodrama From Archetype to Embodied Dialogue



HANIFE UGUR KURAL

Turkey

*"Where there is ruin, there is hope for a treasure.
Why are you so busy with this or that or good or bad?
Pay attention to how things blend.
Why think separately of this life and the next
when one is born from the last?"*

— Rumi

In a time of growing polarization and collective anxiety, we often search for peace outside ourselves. Yet what we call conflict in the world echoes movements within the psyche.



ITIR ERKAN

Turkey



GÖKHAN ÖZCAN

Turkey

This two-hour experiential workshop invites participants into a living circle where Jungian psychology and Rumi's mystical vision meet through psychodrama. Rather than discussing harmony as an abstract value, we will explore the inner tensions that shape perception, relationship, and meaning.

Guided by Jung's understanding of archetypes and the collective unconscious, we will encounter the figures that structure our inner dramas: the Shadow, the Self, the Wounded Healer, and the Lover. Through embodied enactments, role reversal, and symbolic dialogue, participants will witness how projection fragments experience and how conscious encounter transforms opposition into relationship.

Rumi's invitation to move beyond rigid dualities becomes a lived process. The group circle becomes a psychological field where polarities are not erased but held, explored, and integrated. As inner divisions soften, a different quality of relating emerges.

The circle opens. We meet. We witness. We integrate.

The Leaders direct in hybrid form from Turkey, assisted by a colleague in attendance

CIRCLES OF PEACE:

Discovering Rumi Through Jungian Psychodrama From Archetype to Embodied Dialogue

Workshop Leaders:

Hanife Uğur Kural is a Clinical Psychologist, Psychotherapist, Couple and Family Therapist and Jungian Psychodramatist. Graduated from Boğaziçi University in 2010 and completed a master's program in Clinical Psychology at Boğaziçi University in 2014. She worked as a Clinical Psychologist at different hospitals between 2014– 2018. She currently works in private practice with adults, couples and groups. She uses psychoanalytic, emotion-focused and systemic approaches in her practice. She has many studies published in internationally peer-reviewed journals and book translations in the field of psychology.

İtir Erkan is a Psychologist and Jungian Psychodramatist holding an MA degree in Couple and Family Therapy. She provides psychotherapy to individuals, couples, and families in clinical settings and facilitates group psychotherapy informed by a Jungian framework. She is also a certified EMDR therapist. Her clinical focus primarily centers on couple psychotherapy. Her research interests include couple dynamics and the intersection of Eastern meditation practices with relational processes. In 2021, she published a peer-reviewed article in the journal of the American Association for Marriage and Family Therapy (AAMFT).

Gökhan Özcan, PhD, Psychotherapist, Jungian Psychodramatist, Author, and Academic. Graduated from the Department of Psychology at Istanbul Commerce University in 2012. After completing his Master's Degree in Family Counseling and Education at the same university, he received his PhD in Guidance and Psychological Counseling from Marmara University in 2024. He currently works as a lecturer in the Clinical Psychology Master's Program at Haliç University.

He provides individual and group psychological counseling services for adolescents and adults. His professional interests, academic training, and publications focus primarily on analytical psychology, psychodrama, phenomenological/existential psychotherapy, and the therapeutic use of dreams. He is also the developer of PCFP-3M (Three-Modality Psychological Counselor Creativity Fostering Program), a psychological counseling training and supervision model.

He periodically organizes Jungian psychodrama workshops both at the Bergama Congress and in his private office. He is the author of *Four Emotions in the Early Islamic Tradition: Sadness, Death Anxiety, Happiness, and Fear – A Therapy-Centered Perspective* (2022) and *Jungian Psychodrama* (2026). He has also pursued extensive studies and training in Islamic mysticism and Sufi thought.

PROGRAM

Sunday, June 7th, 2026

9:00 – 10:00	Social Dreaming Matrix Maurizio Gasseau (Italy) & Jorge Burmeister Petullà (Spain/Switzerland)
10:15 – 12:00	Workshops in parallel: • Adriana Piterbarg (Argentina) – Infinity Mirror Groups. A new approach to public Socio – Psychodramas • Mirjana Stojanovska (North Macedonia) – Who Do We Become in a Wounded World? Psychodrama, Trauma, and Collective Care • Roger Schaller (Switzerland) – Psychodrama with people marginalized by society • Maurizio Gasseau (Italy) - The transformative wisdom of dreams: healing worlds, cultures and individuals in a time of conflicts and wars • Inna Braneva (Bulgaria) – Finding Humanity • Fabian Blobel (Germany), Galabina Tarashoeva (Bulgaria) – The group on stage: From ambiguity to tolerance • Beppe Bertagna (Italy) – Biblical Psychodrama: Stronger than death, Love. Men and women faced with the choice to love • Sarah Paulin (France), Florence Debord (France), Fabrice Rosina (France) – I am in pain for my world, let's look after it together!
12:00 – 13:30	Free time for Lunch

SOCIAL DREAMING MATRIX

MAURIZIO GASSEAU

Italy



JORGE BURMEISTER

PETULLÀ

Spain/Switzerland

Social Dreaming Matrix (SDM) is a powerful method, founded by Gordon Lawrence in London in 1982, to work with organizations to elaborate through the dream matrix the unconsciousness of the organization.

Participants in the matrix of SDM are invited to sit in a spiral way or in a configuration called by Lawrence "**snowflake**", in which there are group members seated behind or laterally, avoiding to reproduce a circular dimension, because the unconscious is not circular. The tasks assigned to the group members by the facilitator are:

1. freely tell and share dreams
2. freely associate to dreams and thus explore their possible meaning, and express avoid to tell free associations to associations because, in this way, as Jung claimed, it moves away from the dream and from its meaning and it allow us to explore the chains of free associations and associative complex.
3. It required participants not to think, not reflect or interpret, only the facilitator of the matrix is allowed to connect the red wire of dreams highlighting the transformations of content in the process of the matrix of SDM, amplifying the content of dreams, using dreams as the milestones of work and free association as the blood, the body of the SDM, the chthonic roots of the process being developed.

The Federation of European of Psychodrama Training Organization presented SDM in the Annual Meeting for many years, to elaborate the dynamics process of the organization by sharing dreams and associations to dreams in the matrix.

Gasseau conducted these FEPTO plenary sessions with 40 to 90 participants in FEPTO Annual Meeting in Cluj Napoca, Alaciat, Glasgow, Kovacica, Jerusalem, Oslo.

In the Social Dreaming Matrix participants will become more conscious of the dreaming matrix.

SOCIAL DREAMING MATRIX

Workshop Leaders:

Maurizio Gasseau, was born in Rome in 1955, Associate Professor of Dynamic Psychology at the University of Aosta (Italy). Jungian analyst, honorary member of Associazione per la Ricerca in Psicologia Analitica (ARPA). He is co-founder of Jungian Psychodrama method and theory, as well as the Psychodramatic Social Dreaming Matrix . Chair of the Training of Postgraduate School of Psychotherapy IPAP - Institute of Analytical Psychology and Psychotherapy. Co-chair of IAGP Education Committee

Co - chair of FEPTO Task Force for Peace Building and Conflict Transformation to share experience in intercultural work, working with refugees, and with group of colleagues in wartime. He conducted training groups in 48 countries in presence. Author of over one hundred publications on analytical psychology, group psychotherapy and social dreaming matrix.

Jorge Burmeister Petullà: Medicine Granada. Trainer Psychodrama, CBT, Analytic Psychology Jung, Analytic Family therapy, Hypno Therapy. Founding member (FEPTO). Ex President IAGP. Lecturer Universities Founder Academy for Integrative Psychotherapy Founder Center "Jakob and Zerk Moreno"/ Granada. Dean "International Summer Academy" Granada. Facilitator MsF (Doctors without Borders). Recipient of the International Yaacov Naor Award for Peace and Inter-cultural Dialogue.

INFINITY MIRROR GROUPS.

A new approach to public Socio – Psychodramas



ADRIANA PITERBARG

Argentina

Public sociodramas, which are highly developed in Latin America, demonstrate the power of community in action. These **collective spaces** seek to facilitate people's quest to move from a state of suffering and inactivity to one of initiative and resolution. Emphasis is placed on recognising dilemmas and discovering new proposals through transformative action.

In 1965, the prolific Japanese artist Yayoi Kusama presented her first installation, which would later become a series, called Infinity Mirror Rooms. These are installations in custom-made rooms that create the effect of infinity through mirrors and reflecting lights, immersing the viewer in an endless space. I have developed an approach to working in groups based on Kusama's concept. Rather than utilising mirrors as physical objects, we empower participants to embody both the role of the mirror and the tuning fork, thereby reflecting and resonating with the protagonist. **Infinity Mirror Groups** enables us to explore the intersection between the poetic, the symbolic, and the disruptive. This is not merely a technique, but an exploratory approach to infinite features, attitudes, phrases and scenes. The structured and the subtle, the heavy and the light, the congruent and the incongruent coexist and shake hands. In this sequential approach, the three dramatic dimensions intervene: the personal, the group or sociodramatic, and the role dimension. The primary objective of this proposal is to establish new and varied connections and transitions from repetition to innovation. Collective group spaces, such as Public Psychodrama, offer us the opportunity to move forward without repeating past mistakes. **We can become the protagonists and creators of our own lives**, rather than being passive subjects. The first step towards taking control of our lives is to acknowledge and understand our own emotions. Using **playback theatre, art and psychodrama**, we build strong connections promoting creativity and group spontaneity, through a visual, empathic and aesthetic approach.

INFINITY MIRROR GROUPS.

A new approach to public Socio – Psychodramas

Workshop Leader:

Adriana Piterbarg is an Argentinean psychologist, psychodramatist, social psychologist, sculptor and director of Playback Theatre. Her professional experience allows her to combine art with mental health. She works in clinical, pedagogical and social fields, actively defending freedom of expression and human rights. Since 1992, she has directed the School of Art and Psychodrama in Buenos Aires, Argentina. Adriana has authored several books about her experiences coordinating socio-community activities. Her work explores ways to establish links between mental and emotional health, seeking a positive social impact beyond the individual focus and in pursuit of building a more tolerant and inclusive world.

In 2022, she was elected to join the board of directors of the International Association of Group Psychotherapy and Group Processes (IAGP).

WHO DO WE BECOME IN A WOUNDED WORLD? Psychodrama, Trauma, and Collective Care



This experiential workshop integrates psychodrama, Gestalt therapy, and society to explore the dynamic relationship between inner roles, collective trauma, and outer ecology.

Participants will engage in trauma-informed role work to identify and embody internal roles shaped by personal, social, and climate-related stressors, such as the survivor, protector, witness, rescuer, dissociated self, and ecological caretaker.

Through structured enactments, role reversal, doubling, and here-and-now dialogical experiments, participants will examine how unprocessed individual and collective trauma influences disengagement, burnout, denial, or over-responsibility in relation to social and environmental crises.

The workshop emphasizes stabilization, containment, and ethical pacing, drawing on phase-oriented trauma principles. Group sciatic processes support shared witnessing, normalization, and the development of sustainable personal and collective roles. Participants will practice transforming trauma-based survival roles into resilient, prosocial, and eco-responsive action.

This workshop is suitable for psychodramatists, psychotherapists, educators, and professionals working at the intersection of trauma, community resilience, and climate-related psychological impact.

**MIRJANA
STOJANOVSKA**
North Macedonia

WHO DO WE BECOME IN A WOUNDED WORLD?

Psychodrama, Trauma, and Collective Care

Workshop Leader:

Prof. Dr. Mirjana J. Stojanovska is President of the Federation of European Psychodrama Training Organisations and Chair of its Development and Networking Committee. She holds a PhD in Psychology. She is dean at Faculty of Psychology at Ss. Cyril and Methodius University, Skopje, North Macedonia. She is a senior trainer and supervisor at the Amygdala Psychodrama School, a Gestalt therapist, and an individual member of European Association for Gestalt Therapy. She is certified supervisor from Gestalt Center, London, UK.

Since 2003, Dr. Stojanovska has worked in private practice. She works as consultant at the Red Cross Mental Health Center. Her professional expertise includes Psychological First Aid, Psychosocial support, trauma-oriented psychological counselling, PTSD, and crisis intervention. She is founder of the Psychology Department at the University Clinic for Radiotherapy and Oncology and pioneer of psycho-oncology in North Macedonia.

Dr. Stojanovska is author of numerous papers, books, and articles, and an active organizer and participant in conferences, symposia, and professional debates. Her current research interests focus on personality changes in trainees participating during psychodrama training.

PSYCHODRAMA WITH PEOPLE MARGINALIZED BY SOCIETY



ROGER SCHALLER
Switzerland

I work mainly with people who have come into conflict with society and the law. I often ask myself: why do they do it? *"It is not the problem of aetiology that matters, it is what can be done with the person who is suffering. We must say that no treatment, whether biological, sociological or psychological, can be carried out in a place where there is no freedom of expression; how can we treat a person who cannot express themselves!"*

This was said by **Franco Basaglia** (1), but it could also be **Moreno's** central idea: to give people living on the margins of society the **opportunity to express themselves in a safe and free space**. The stage of psychodrama creates a free space for thought, evaluation of one's own behavior and openness. To do this, it is necessary to overcome some important challenges, especially at the individual level: prejudice, hermeneutic injustice, power imbalance and lack of autonomy. See the article on this subject on www.psychodrama.world (2). **In this workshop, we will explore the effectiveness of psychodrama in overcoming these obstacles and promoting creativity and self-determination.**

1. *Intervista a Franco Basaglia*. A cura di Graziano Martignoni. Edizioni: Ogni uomo è tutti gli uomini. 2011.

2. Schaller R.: *Exploring values, attitudes and prejudices: psychodrama as applied ethics*. Zeitschrift für Psychodrama und Soziometrie (2024) (Suppl 1) 23:97-109

PSYCHODRAMA WITH PEOPLE MARGINALIZED BY SOCIETY

Workshop Leader:

Roger Schaller, grew up in Bern (Switzerland), studied psychology there and completed the psychodrama training at the Moreno Institute of Gretel Leutz in Überlingen.

He is a federally recognised psychotherapist, a specialist psychologist for traffic psychology FSP, member of FEPTO Council and he heads the Swiss Foundation for Psychodrama (see www.ipda.ch).

He is the author of specialist books and articles on role play and psychodrama and co-founder of the Psychodrama Platform www.psychodrama.world.

THE TRANSFORMATIVE WISDOM OF DREAMS: HEALING WORLDS, CULTURES AND INDIVIDUALS IN A TIME OF CONFLICTS AND WARS



MAURIZIO GASSEAU
Italy

Jungian psychodrama is a theory of psychodramatic technique, articulated in a complex model of conduction and observation. It derives from Jung's analytical theory on dreams, from his concepts of the personal and collective unconsciousness, of archetypal images and individuation.

The conductor will provide a brief explanation of the theory behind Jungian Psychodrama and then a more consistent experiential part will follow.

The conductor will demonstrate how to play dreams belonging to different categories: symbolic dreams, visio dreams, nightmares, oracle dreams, recurring dreams and social dreams. The conductor will also present new warming up techniques - suitable for online psychodrama, **integrating Moreno's sociometry and Jungian active imagination exercises**. He will demonstrate the dream incubation technique according to the ancient medicine of Asclepion and the utilization of opening and closing rituals. Two or three dreams will be played in the session.

After the final sharing, there will be an observation which will communicate the sense of the dreams which have been played, using a narrative style. It will enrich the plays with mythopoeic amplifications and will try to connect individual themes to the group's collective unconsciousness as well as to the transcultural themes.

Keywords: psychodrama, collective unconscious, dream

THE TRANSFORMATIVE WISDOM OF DREAMS: HEALING WORLDS, CULTURES AND INDIVIDUALS IN A TIME OF CONFLICTS AND WARS

Workshop Leader:

Maurizio Gasseau, Associate Professor of Dynamic Psychology at the University of Aosta. Jungian analyst, certified psychotherapist and psychodramatist. Jungian analyst, honorary member of ARPA member of International Association of Analytic Psychology IAAP. Founder of Mediterranean Association of Psychodrama, Training Institute of FEPTO.

His main interests are researching dreams interpretations in individual analysis, in psychodrama and group psychotherapy, social dreaming matrix, and working on transgenerational topics and trauma. Co founder of Jungian Psychodrama method and theory in 1980 and Psychodramatic Social Dreaming Matrix in 2004.

Board member IAGP 2003 - 2012 and 2015 - 2025. Co-chair of IAGP Education Committee 2018-2025.

Co - chair of FEPTO Task Force for Peace Building and Conflict Transformation to share experience in intercultural work, working with refugees, using morenian tools. Chair of the Training of Postgraduate School of Psychotherapy IPAP - Institute of Analytical Psychology and Psychotherapy. He led training groups in 48 countries in presence. Author of more than one hundred publications. He received the Federation European Psychodrama Training Organization Excellence Award in 2017 and the Fellowship Award of the International Association of Group Psychotherapy and Group Processes IAGP in 2022.

FINDING HUMANITY



INNA BRANEVA

Bulgaria

In these “interesting” times of struggle and change, the balance between expressing one’s own views and living with others becomes increasingly difficult. Even in therapeutic communities, expressed and unexpressed thoughts lead to distancing or even the rupture of relationships.

In the movie “Finding Nemo,” a father searches for his child and encounters support and obstacles. Just as when it comes to the search for personal or group humanity, there are supports and obstacles – guilt, shame, loyalty, empathy, justice, cruelty, fear, mercy...

In this seminar, we will explore where humanity is born, what prevents us from manifesting it, what provokes us to be humane... and how we feel when we connect with our deepest human essence.

Workshop Leader:

Inna Braneva, psychologist, psychotherapist, former and supervisor in Psychodrama, Sociometry and Sociodrama; former and supervisor in Relational Psychomotricity;

Trainer and supervisor in social and educational institutions.

President of the Council of Bulgarian Social for Psychodrama and Group Therapy; President of Psychodrama Institute DEA; member of the FEPTO Council – responsible for Membership and Ethics Committees.

THE GROUP ON STAGE: FROM AMBIGUITY TO TOLERANCE

**“Psychodramatic sociometry” a powerful tool to help
the group to address and
reflect complex topics.**

FABIAN BLOBEL

Germany



GALABINA TARASHOEVA

Bulgaria

“Taking care of humanity and its environment” together means to define and agree about complex topics and about the process of collective action.

The complexity is caused by the huge variety of partly competing and opposing factors and aspects influencing these topics and thus leading to a wide spectrum of opinions and positions.

In times of information overflow and algorithmically created bubbles, the questions concerning the future of society, of the Community or of humanity are highly ambivalent and can lead to extreme positions, fragmentation, exclusive subgrouping and alienation within groups and communities.

“Psychodramatic sociometry” combines the aspects of position taking and subgrouping of action-sociometry with the psychodramatic instrument of the stage and the techniques of role reversal, doubling, mirroring and sharing.

It is a very helpful tool to bring any topic on stage and make the ambivalences and different positions visible and communicable for the group and thus support mutual understanding and collective growth.

“Psychodramatic sociometry” was created and developed in the work with adolescents, but can be constructively used in all kind of small to medium size groups.

In this workshop the most important aspects of the tool “psychodramatic sociometry” will be presented and directly experienced in dealing with the topic: “Taking care of humanity and its environments”.

THE GROUP ON STAGE: FROM AMBIGUITY TO TOLERANCE

“Psychodramatic sociometry” a powerful tool to help the group to address and reflect complex topics.

Workshop Leaders:

Blobel, Fabian, 1970, Dr. med., medical practitioner specialized in psychiatry and psychotherapy for children and adolescents. Psychodrama-psychotherapist for children (Moreno Institut Stuttgart), international trainer (IAGP) and supervisor for psychodrama with children, adolescents and their families. Trainer and supervisor for training institutes in Bulgaria, Uruguay, Russia, Egypt and others. Masterdegree in international humanitarian action (NOHA) Longtime head of the group therapy department for children and adolescents at the mental health service in Canton of Solothurn, Switzerland. Currently working in private praxis in Hamburg, Germany.

Dr. Galabina Tarashoeva, Sofia, Bulgaria: MD, psychiatrist, PhD. Certified Psychodrama Psychotherapist; Psychodrama Trainer, Supervisor, Psychodrama Therapist, and Psychiatrist in Psychodrama Center & Psychiatric Practice Orpheus, Founder and Director of Psychodrama Center Orpheus, the first institute for psychodrama and psychotherapy in Bulgaria, established in 1993. Founding Member of FEPTO; IAGP Board Member, 2012 - 2022; Galabina is recognized by the IAGP as an International Trainer. Dr. Tarashoeva's PhD dissertation is titled "Some Aspects of the Effectiveness of Psychodrama Therapy with Patients with Panic Disorder", which is the first clinical study of the effectiveness of a psychotherapeutic method in Bulgaria, and one of the first randomized studies with a control group on the effectiveness of psychodrama therapy in general - <https://www.mu-varna.bg/BG/galabina-petrova-tarashoeva>

She is the author of the following articles:

- <https://www.researchgate.net/publication/318942384> Effectiveness of Psychodrama Therapy in Patients with Panic Disorders - Final Results
- <https://www.researchgate.net/publication/358755535> INTERFERENCE OF THE DIFFERENT REALITIES WHEN WORKING WITH PSYCHODRAMA ONLINE AND ITS EFFECT ON THE PROTAGONIST AND THE GROUP
- <https://www.researchgate.net/publication/363814138> Therapeutic Factors and Therapeutic Techniques in Psychodrama
- <https://www.researchgate.net/publication/364321060> Reality Space and Time The Challenges in Online Psychodrama

BIBLICAL PSYCHODRAMA: Stronger than death, Love. Men and women faced with the choice to love



BEPPE BERTAGNA

Italy

Biblical Psychodrama Workshop

Biblical Psychodrama consists of staging a biblical text using the methodology of Classical Psychodrama.

Empathising with biblical characters, we can grasp their existential complexity; this allows us to access the profound message contained in the text, namely the Gospel, which is Good News for people of all times.

Workshop Leader: Beppe Bertagna

I am 67 years old, Jesuit, psychotherapist and psychodramatist.

For several years I have been working with young people, offering group training courses using Classical Psychodrama and Biblical Psychodrama. I live in Milan and am currently in charge of the PsiQO Centre, which operates in the Quarto Oggiaro neighbourhood and offers free psychotherapy courses to disadvantaged adolescents.

For several years, I have been coordinating a residential human and Christian formation programme for adolescents from various parts of Italy. The programme takes place in Selva di Val Gardena.

I AM IN PAIN FOR MY WORLD, LET'S LOOK AFTER IT TOGETHER!

FLORENCE DEBORD

France



SARAH PAULIN

France



Sarah Paulin, Florence Debord, and Fabrice Rosina are three trainers at the French School of Psychodrama. They lead psychodrama groups together. They foster a collective dynamic at the French School of Psychodrama, beyond personal egos, individual projects, and specific expertise.

FABRICE ROSINA

France



Therapeutic psychodrama enables the exploration of personal issues. Often, it is considered within a trajectory related to family, loved ones, or genealogy.

Today, we encounter patients who are suffering because of the world. Beyond their circle of loved ones, they are connected to world events, whether they are aware of it or not. It is the same for us therapists, psychodramatists...

Ecology, wars, extreme behaviour/thinking, social networks, AI, and dramatic events impact the patients who come to our offices, and impact our way of being psychodramatists. We are connected to the world, as J. de ROSNAY already emphasized in « The Symbiotic Man » : **we are connected to humanity and we are this humanity.**

Psychodrama and sociodrama groups can allow us to experience and understand these connections with the world. The world comes into us, and we are in this world.

We invite you to explore this connection together and to consider your practice of psychodrama in this specific context.

I AM IN PAIN FOR MY WORLD, LET'S LOOK AFTER IT TOGETHER!

Workshop Leaders:

Florence DEBORD

Master's Degree in Psychology, Grenoble. Transactional Analysis: Training and Psychotherapist Certificate in Transactional Analysis. Triadic Psychodrama, Paris: Concepts developed by J.L. Moreno and Anne Ancelin Schützenberger. Certification as Psychodramatist, recognized by FEPTO.

Psychologist and psychotherapist: In private practice, I work with adults, individual therapy or in therapy group.

Trainer in psychogenealogy: The training is aimed at therapists.

Trainer in psychodrama: The training is aimed at experienced professionals in helping relationships. The goal is to effectively use psychodrama techniques in group or individual therapies, practice analysis, supervision, or team management. The training leads to Certification as a Psychodramatist, recognized by FEPTO.

Supervisor:nl supervise therapists in their professional practice using the psychodrama method.

President of the French School of Psychodrama: The association's mission is to help disseminate psychodrama. It coordinates programs between training organizations and supports its members in their activities as psychodramatists. I am very honored to hold this position.

Sarah PAULIN

Clinical psychologist since 2000, I work in the field of child protection and adoption in parallel with my liberal practice.

I discovered the power of psychodrama and the group through my own therapy. I trained as a psychodramatist at the French school of psychodrama in Paris with Colette ESMENJAUD-GLASMAN and was certified in 2019. Since 2021, I have been a trainer within this same institute with Fabrice Rosina.

I have led therapeutic groups with adults or adolescents since 2015 and am always amazed by the resources of our patients to modify the scenarios of their lives.

Fabrice ROSINA

Professional Experience: Since 2002, founder and president of L'Autre Scène (consulting, training, and coaching). Teacher at business and engineering schools: team management. Analysis of professional practice: 4 teams of educators working in crime prevention in Paris. Three Red Cross teams. Psychoanalyst and psychodramatist (www.fabricerosina.fr). From 1998 to 2002: Senior consultant in management and personal development for Cegos. Before 1998: Head of training for Bull (400 trainers). *Training:* Psychodramatist (FEPTO/EFP certified). Mental coach (certified). Coach(certified). Sophrologis /sophrotherapist (certified). Hypnotherapist. Master's degree in Organizational Sociology - Sciences Po Paris. Master's degree in Social Psychology (Paris 7). Master's degree in Education Sciences (Paris 8). *Trainer and supervisor:* Training facilitation and design : training of trainers, tutors, change management, psychosocial risk prevention, stress and emotion management, conflict management, personal development, leadership, customer experience. *Psychodrama:* French school of psychodrama. Vice-president of the association. Trainer for the five-year training program for future psychodramatists. Regular psychodrama groups. *Publications:* 2000 : Les stratégies du temps, ESF, Paris

PROGRAM

Sunday, June 7th, 2026

13:30 – 15:15	Workshops in parallel: • Marco Greco (Italy) – ...But how much effort do we put into caring for society? A sociatrical act within a Psychodrama workshop • Wilma Scategni (Italy) – 30 years FEPTO's story..... Dreams, images.... fragments and memories taking care of humanity and its environment • Nikos Takis (Greece) – Being Human as an Act of Resistance: Creative Roles and Connectedness in Times of Collective Despair and Regression • Davide Motta (Italy), Paolo Lanciani (Italy) – From Loser to Looser: Interbeing and Spontaneity in Action • Yorgos Chaniotis (Greece) – World and Courage • Tetiana Komar (Ukraine), Olha Serha (Ukraine) – Modern Toloka — building a Shared Home • Cristina Hockl (Germany) – Community healing – Turning to Ancestors for guidance using the Transgenerational Map • Magdalene Jeyarathnam (India) – Devas (Gods) and Asuras (Demons): Roles in the Human Collective • Mona Rakhawy (she will direct in hybrid form from Egypt, assisted by a colleague in attendance) - Revisiting the World in the Here-and-Now: Culture, Spontaneity and Responsibility
15:30 – 16:00	Closure FEPTO Conference in Plenary Marco Greco (Italy) & Maurizio Gasseau (Italy)
16:00 – 17:30	Opening of the Annual Meeting and encounter between Conference and Annual Meeting participants
17:30 – 18:00	Coffee Break

...BUT HOW MUCH EFFORT DO WE PUT INTO CARING FOR SOCIETY?

A sociatrical act within a Psychodrama workshop

J.L.Moreno ideally linked the fate of the individual with the fate of humanity, emphasizing how there can be no salvation of the one, without the simultaneous factual attention to the "other." The inevitable sociatrical question is "**Who shall survive?**". The **HOMO CREATIVUS** shall be saved; indeed, the **HOMO CO-CREATIVUS** who, responsibly, will work to find the operational forms for the construction of a new humanism. Anthropology can no longer only be the vision about the ONE. It will necessarily have to be the vision of the **ONE** that finds complete identity in the **WE**.

Methodologically, the work aims to present in an active form the possibilities offered by the socio-psycho-sociodramatic method to encourage meeting within a very complex context for the individual and the community

The two methodological forms will be presented in an active way, avoiding contamination between them. The focus will be placed, in the first instance, on the level of the encounter of members of the group context through their social and collective roles (sociodrama); to turn, at a later time, to that of psychodramatic roles in a work with the protagonist (psychodrama). Finally, the reasons for returning to the sociodramatic approach will be explored, in order to identify concrete and operational paths for their communities.



MARCO GRECO

Italy

...BUT HOW MUCH EFFORT DO WE PUT INTO CARING FOR SOCIETY?

A sociatrical act within a Psychodrama workshop

Workshop Leader:

Marco Greco

Theology Bachelor (University of Torino, 1985). Psychotherapist and psychodramatist. Director of Therapeutic Communities. Director of the Psychodrama Institute and graduate school of psychotherapy in Torino, Italy: " Studio di Psicodramma " (Dr. Giovanni Boria).

Past-president (2006 - 09) of AIPsiM (Italian Association of Morenian Psychodramatists).

Since 2009 member of the FEPTO research committee.

Since 2010, head of the tutoring course "Studio di Psicodramma" at the Department of Psychology, University of Torino and since 2019 holder of the workshop "Psychodrama in Organizations" at the same University.

Since 2014, co-founder and president of the Moreno Museum Association in Vienna, Austria. Life member IAGP (International Association for Group Psychotherapy and Group Processes).

In addition to clinical and therapeutic activities, trainer and supervisor of organizations, cooperatives and companies with the method of psychodrama.

Since 2017, he is co - founder and President of Faberactive company that deals with training-supervision in Organizations with psychodrama method.

30 YEARS FEPTO'S STORY.....

Dreams, images.... fragments and memories taking care of humanity and its environment



WILMA SCATEGNI

Italy

More than 30 years have passed since FEPTO was founded, after several years of meetings and reflections on preliminary documents collected with deep and constant commitment by Pierre Fontaine. Training managers and school directors from the various European nations represented collaborated in drafting these documents.

The collection, examination, and enrichment of notes, complemented by a multi-faceted reflection, took the form of numerous meetings that brought together the depth of research, the spontaneity of play, and the ability to develop theoretical content (or rather, theoretical hypotheses) that offered similar "tracks." **These meetings allowed the psychodramatists and their students to discover their own unique and unrepeatable way of being psychodramatists, enabling them to "immerse" themselves in the exceedingly complex and ever-changing social reality of our time.**

The meeting will present some fragments collected in the form of images... thoughts... dreams, loose notes, and memories... These will in turn evoke other echoes of experiences... fantasized or dreamed, based on the narratives of FEPTO that have been encountered...

Thus, Moreno's original message of seeking spontaneity... and that of C. G. Jung's so-called "individuation" in individuals and groups have found intertwining and common ground.

We will return to several generations of Psychodramatists through fragments drawn both from the experience of the birth and growth of FEPTO, and from the professional realities associated with it...

30 YEARS FEPTO'S STORY.....

Dreams, images.... fragments and memories
taking care of humanity and its environment

Workshop Leader:

Wilma Scategni: Med. Doc. Psychiatrist , Member IAGP, Staff member Granada Academy, and Arcapsychodrama. Chair of Shaharazade Circle network

Founding Member FEPTO. Past Member of the Council and Editor of FEPTO(Fed.Eu Psych.TrainingOrg.)Newsletter .

Member and Docent IPAP, CIPA, Past Docent C. G. Jung Institut Zurich .(IAAP) Past .Presid. GAJAPand.Director Group Psychotherapy School, Resp.Public.Psychiatric Unit National Health Service

Books,essays and articles (more than 80) published in many different countries. Her most important book "Psychodrama group processes and dreams/ Archetypal images of individuation"is published in four languages

BEING HUMAN AS AN ACT OF RESISTANCE: Creative Roles and Connectedness in Times of Collective Despair and Regression



NIKOS TAKIS

Greece

In recent years, humanity has been confronted with profound and destabilizing challenges. Across the globe, we witness increasingly destructive and violent manifestations of social conflict, alongside a political shift toward the “**law of the strongest**,” often at the expense of human rights, solidarity, peaceful coexistence, and the protection of vulnerability. These developments suggest not only a social or political crisis, but a deeper psychological regression at a collective level.

This regression is accompanied by the erosion of institutions and symbolic frameworks that once contained social anxiety, creating fertile ground for the re-emergence of authoritarian forms of leadership. Such figures promise security, strength, and protection, while simultaneously legitimizing aggression and exclusion. From a psychoanalytic perspective, these dynamics can be understood as expressions of unprocessed collective trauma, that remains psychically encapsulated, preserved within a kind of shared “crypt”, and therefore prone to repetition. In this sense, contemporary social reality often appears “uncanny”: something experienced as strange and threatening, yet deeply familiar, as it represents the return of what has been collectively repressed. This repetition echoes Freud’s image of the father of the primitive horde in Totem and Taboo, a powerful authority offering an illusion of safety while reproducing violence and domination. The result is a widespread experience of collective despair, fueled by the unconscious reactivation of unresolved historical and social wounds. Within this context, the workshop explores how resistance remains possible.

Drawing on psychodrama and the humanistic legacy of J. L. Moreno, it proposes **being human** as an act of resistance. Rather than denying regression and despair, psychodrama emphasizes the creative and reparative capacities of human beings through the development of creative roles and meaningful connectedness. By fostering relational processes that acknowledge unconscious trauma while sustaining human encounter, psychodrama offers a sociatry perspective aimed at restoring vitality, responsibility, and hope in relationships between individuals, groups, communities, and societies.

Ultimately, this perspective reflects the very core of Moreno’s concept of sociatry: **the conviction that only by healing injured relationships and restoring social bonds we can hope for genuine collective well-being, an aim that lies at the heart of this workshop.**

BEING HUMAN AS AN ACT OF RESISTANCE: Creative Roles and Connectedness in Times of Collective Despair and Regression

Workshop Leader:

Nikos Takis, PhD, is a clinical psychologist and Associate Professor at the American College of Greece, where he founded and directs the Counseling Center.

He is a psychodrama trainer, Past President of FEFTO, and a certified therapist and supervisor in Transference Focused Psychotherapy (TFP).

He is also a psychoanalyst and group analyst, and a member of the Hellenic Society of Group Psychoanalytic Psychotherapy and the Hellenic Psychoanalytic Society.

He has worked for 15 years in adolescent and young adult addiction treatment and has maintained a private practice for the past 25 years.

His professional and research interests focus on psychodrama, psychoanalytic psychotherapy, and their convergence, including applications in addiction treatment and online clinical settings.

FROM LOSER TO LOOSER: Interbeing and Spontaneity in Action

DAVIDE MOTTA

Italy



From Loser to Looser is an experiential psychodrama workshop inspired by the sociatrical vision of J. L. Moreno, the essential practice of the first generation of his students, and the engaged mindfulness of Thich Nhat Hanh, particularly as expressed in his book *Zen and the Art of Saving the Planet*.

PAOLO LANCIANI

Italy



Starting from the felt experience of personal and collective “losing” — failure, rigidity, isolation, ecological grief, and social fragmentation — the workshop invites participants to explore the transformative movement toward “loosening”: releasing fixed roles, softening defensive identities, and rediscovering spontaneity as a relational and ecological resource. In this shift from loser to looser, care for the self, the group, and the living environment becomes a shared sociatrical act.

Through simple, essential psychodramatic structures — warm-up, action, sharing — participants will engage in embodied awareness, mindful encounter, and collective role exploration. Emphasis will be placed on presence, slowness, and the ethical dimension of action, integrating contemplative attention with Moreno’s action methods. The group will become a temporary community of care, where individual roles are re-experienced within a wider field of interdependence.

The workshop aims to:

- reconnect spontaneity with responsibility toward humanity and the Earth
- transform experiences of defeat into openings for relational creativity
- explore sociatrical healing as a living, collective process

*Designed for practitioners interested in the meeting point between
Psychodrama, Mindfulness, and Ecological Consciousness.*

FROM LOSER TO LOOSER: Interbeing and Spontaneity in Action

Workshop Leaders:

Davide Motta and **Paolo Lanciani** - we are psychodramatists, business psychologists, and psychotherapists.

Trained at Giovanni Boria's School of Psychodrama and long-standing members of AIPsiM, we utilize psychodramatic theory as our core framework across all areas of practice: individual and group coaching, consulting, training, and psychotherapy.

Furthermore, we integrate this approach with the principles of Mindfulness, which align seamlessly with Morenian philosophy.

Together with Caterina De Micheli, PhD, we founded the business psychology firm "De Micheli Lanciani Motta psicologi del lavoro associati."

WORLD AND COURAGE



YORGOS CHANIOTIS

Greece

A member of a psychodramatic group is invited to reorganize, in the here and now as well their capacity to confront their self and with the Other. This confrontation emerges through personal reenactments, through which relationships with the self and with the other come into view. The member needs to realize that their role is a functional choice rather than a fated one. As Roger Peron stated, **each person recreates the world, creating it at the very moment they are creating themselves.** And at the end of this journey, each member may discover their own courage.

Workshop in English and French

Workshop Leader:

Georgios T. CHANIOTIS is a Clinical Psychologist, specialized in Psychodrama-Sociodrama and Group Analysis (Small and Large Groups). He holds a DESS in Clinical Psychology and Pathology from the University of Paris VII (1986) and a D.E.A. History from the University of Paris II (1989).

He specialised in Paris in W.Reich Psychotherapy, in Mascotherapy, in Psychodrama, he attended seminars «Vidéo and Group».

He specialized in Group Analysis at the "Hellenic Society for Group Analysis and Psychotherapy" (HAGAP).

He has been working as a Psychologist-Group Analyst-Psychodramatist since 1993.

From May 2019 to May 2024 he was Chairman in Training Committee of FEPTO (Federation of European Psychodrama Training Organizations), and Vice President (2021-2024).

Since 1995 he has been a Scientific Member of the HAGAP-EOAK and since 2005 he has been Director of the Psychodrama-Sociodrama Zones, as well as Trainer-Supervisor in Psychodrama and Sociodrama.

He organized and had the Scientific Direction of the 5th International Sociodrama Conference in Kos and since the same year he is a Member of the International Advisory Committee of the International Sociodrama Conference.

Since 2010 he has been participating as a convenor in the Large Group "Koinonia" in the HAGAP-EOAK.

He was also a Founding Member of the Society for the "Study of Hellenic Judaism" (1991), and is a Founding Member of the Literary Workshop "Albert Cohen" in Paris and the "Fondation Memory A.Cohen" in Corfu.

MODERN TOLOKA

Building a Shared Home

TETIANA KOMAR

Ukraine



OLHA SERHA

Ukraine

Toloka is more than an ancient tradition of collective labor — it is the DNA of Ukrainian mutual support. Today, as we rediscover the value of unity, we invite you to a workshop where traditional meanings meet contemporary challenges. This is a practical immersion into how we can create spaces where people want to live, work, and grow together. We will explore the idea of a “shared home” both in its physical and social dimensions.

Let's build our shared home together!

Workshop Leaders:

Tetiana Komar is a Candidate of Psychological Sciences (PhD in Psy) and an Associate Professor at the Department of Psychology and Social Work at Vinnytsia Mykhailo Kotsiubynskyi State Pedagogical University. She is the Head of the Psychodrama Section of the Ukrainian Association of Psychotherapists and Psychoanalysts (UAPPA), a member of the UAPPA Presidium, and a psychodrama trainer and supervisor in the UAPPA psychodrama training program.

Olha Serha, MD, MA, trauma therapist, Sand-play therapist. Psychiatrist with more than 10 years of practice in Regional Psychiatric Hospital, working with children, adolescent and adults with acute and chronic conditions. Worked in Center of Social and Psychological Rehabilitation for Children and Youth with Functional Disabilities. Now provides online and in person consultation and individual therapy and support groups, working with Ukrainian refugees and works in International Institute of Trauma Studies, an educational collaboration between USA and Ukraine.

COMMUNITY HEALING

Turning to Ancestors for guidance using the Transgenerational Map

"Rarely, if ever, are any of us healed in isolation. Healing is an act of communion" – Bell Hooks

How do we cultivate village mind in a world where we are not welcomed by a community, where the storyteller is the television or the internet, where children are sent off to bed and follow strict schedules and the main goal is to compare oneself with the neighbour instead of **KNOWING** that we are good enough, feeling needed and that only our wellbeing is essential?

What if we learn to sit with the grief that revolves around the feeling of rupture in our own felt sense of belonging, finding hidden resources amongst our losses, ones that can gently guide us through our lives?

I invite you to explore the journey from: „**ME**“ to :„**US**“ and to create a space where we can be able to bring our collective sorrows – finding connection to the land, language, ritual, songs and stories while integrating the unmetabolized grief of our ancestors.

We will use the Transgenerational map, a psychotherapy resource, to explore elements of the internal landscape of personal stories in search of a deeper understanding of the authenticity of our humanity, as well as the perspectives of others.

Objectives:

- Identifying the resources and survival skills transmitted by ancestors
- Raising awareness of how family loyalty influences our value system
- Developing attitudes that promote social connection and alignment of personal roles with those of society



CRISTINA HOCKL

Germany

COMMUNITY HEALING

Turning to Ancestors for guidance using the Transgenerational Map

Workshop Leader: Cristina Hockl

Bachelor degree in Social Work, certified psychological and grief counsellor, with emphasis on awareness, communication and empathy.

Advanced practitioner in Transgenerational Therapy / Psychogenealogy Currently Student of Somatic Experiencing with Heike Gattnar, Germany; as well as student of Lucia Moretto, in Oniric Drawing.

Certified Tele` Drama Practitioner

Cristina works one- on-one with teenagers and adults, being able to conduct sessions in German, English and Romanian. She offers workshops on Grief and Psychogenealogy.

She developed the concept of `The Transgenerational Map - A Psychogenealogical Journey`, presented at the Psychodrama Conference in Bucharest 2024.

DEVAS (GODS) AND ASURAS (DEMONS): Roles in the Human Collective

In Indian mythology, devas and asuras are not merely opposing supernatural beings but symbolic representations of forces that exist within individuals and human systems. Both emerge from the same origin, pointing to fundamental insight: conflict is not between separate entities, but within a shared field of existence. Devas represent qualities that sustain life, order, harmony, balance, and ethical alignment. They are the forces that hold systems together, enabling cooperation, continuity, and meaning. In human terms, they are visible in our capacity for care, responsibility, and the ability to act in ways that preserve collective wellbeing. However, when unexamined, these same qualities can become rigid, complacent, or disconnected from lived reality.

Asuras, in contrast, embody drive, ambition, desire, and power. They are the forces that propel movement, innovation, and change. Without asuric energy, systems stagnate. In human life, this energy appears as the will to achieve, to assert, to challenge structures, and to push beyond limits. Yet, when unchecked, it can lead to domination, excess, and fragmentation of the collective.

The relationship between devas and asuras is not one of moral opposition but dynamic interdependence. Human societies require both sustaining and driving forces to remain alive and adaptive. The tension between them generates the friction necessary for transformation.

In this sense, the mythological narrative reflects a deeply sociatric understanding: that healing and renewal do not come from eliminating one force in favour of another, but from engaging both within a conscious, collective process. The challenge for humankind is not to choose between devas and asuras, but to recognise, negotiate, and integrate these forces, within the self, within relationships, and within the wider social and ecological systems we inhabit.

The Churning of the Ocean is an Indian myth where opposing forces, devas and asuras, collaborate to restore balance after losing vitality. As they churn the cosmic ocean, both poison and nectar emerge. In this workshop, participants enact this process, exploring collective tension, containment, and transformation within groups and human systems.



**MAGDALENE
JEYARATHNAM**

India

DEVAS (GODS) AND ASURAS (DEMONS): ROLES IN THE HUMAN COLLECTIVE

Workshop Leader:

Dr. Magdalene Jeyarathnam is an Indian psychodramatist, expressive arts therapist, trainer, and supervisor with over three decades of experience in counselling and group psychotherapy. She is the Founder and Director the Indian Institute of Psychodrama, India's first psychodrama training institute. She is a certified international trainer by IAGP in 2022.

REVISITING THE WORLD IN THE HERE-AND-NOW: CULTURE, SPONTANEITY AND RESPONSIBILITY



MONA RAKHAWY

Egypt

This workshop explores what it means to meet beyond roles or theories. Drawing on Yehia Rakhawy's Encounter-Togetherness-Responsibility (ETRe) framework, the workshop invites participants to move beyond theoretical understanding into direct experience of the group.

Through here-and-now interaction, brief clinical video moments, and possible facilitation with creative arts, participants will take part in a shared exploration where cultural perspectives can be experienced, reflected upon, and expanded. Particular attention will be given to moments where the Rakhawy approach may appear to diverge from Western clinical tradition. Rather than offering a fixed model, the workshop opens a shared space where participants can experience common ground, hold differences, and remain connected.

Workshop Leader:

Dr. Mona Rakhawy is a professor of psychiatry, former Head of Psychiatry at Cairo University and elected Vice President of the International Association for Group Psychotherapy (IAGP). Building on the legacy of Yehia Rakhawy, she pioneers creative, culturally grounded approaches to therapy and personal growth. She is a certified international trainer in group psychotherapy, she has played a leading role in advancing psychotherapy training, supervision, and community mental health in Egypt and abroad.

Mona is the founder of the Rakhawy Institute for Training and Research, the Egyptian Association for Group Therapies and Group Processes (EAGT), and the Arab Association for Group Therapy and Group Work. From her Egyptian, Arab, and international positions, she bridges Eastern and Western traditions while mentoring future generations, supporting a global vision of integrative, humanistic approaches to therapy, growth, and resilience. She has several publications and has led groups and presented keynote speaks.

She will direct in hybrid form from Egypt, assisted by a colleague in attendance

CLOSURE FEPTO CONFERENCE IN PLENARY



MAURIZIO GASSEAU

Italy



MARCO GRECO

Italy

